

Research Newsletter



BE
PART OF
RESEARCH

NIHR | National Institute for
Health and Care Research

Why take part in research?

We can make faster improvements to people's health and care if more people take part in research. There are a range of reasons that people choose to participate in research:

- To improve health and social care for others, as well as giving hope for future generations
 - To learn more about their condition
 - To try a new treatment or device
- To be more closely and regularly monitored by health and care professionals
 - To help researchers learn important new information

[How to take part \(nihr.ac.uk\)](https://www.nihr.ac.uk)

The Participant Research Experience Survey

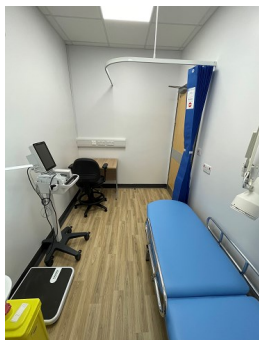
If you have taken part in research, use the Participant Research Experience Survey to give feedback and make your voice heard!

Research Hubs

On Monday 20th May, we held a launch event to officially open the new research hub in Ormskirk, funded by the CRN NW Coast.

Dr Chris Smith, Chief Operating Officer, Vicky Wilkinson, Deputy Chief Operating Officer from the Clinical Research Network, North West Coast and Jill Simpson, RD&I Manager, Mersey and West Lancashire Teaching Hospitals said: "We're so excited to be launching the first research hub here at Ormskirk, it's been a long time coming but we're really proud of it and we really hope our patients enjoy it"

The intention of the research hub is to provide a pleasant environment in which to see our research participants during their appointments. The area is a clean, comfortable and a relaxing environment. It offers participants, the family or carers comfy chairs, easily accessible toilets, access to refreshments and entertainment.



At Whiston, we are extremely pleased to report that the Research Department has been successful in securing National Institute for Health Research (NIHR) Infrastructure funding to further expand our dedicated clinic space at the Whiston site.

This facility will allow us to offer more patients a safe and friendly environment to take part in essential research. Participants are seen for screening, randomisation, study procedures and follow-up visits. Altogether, this enhances the patients research journey, ensuring that our participants have the best experience possible, and this is something that we are extremely passionate about. We hope to launch the opening of the new clinic room in next month or two.

FHSCM Breakfast Research Seminar Series

Monthly informal talks with time for Q&A. Open to all students and staff to learn more about research. All sessions recorded.



Tea, coffee, pastries & fruit provided!



8:30am to 9:15am



Hybrid (rooms TBC) or purely online as specified below

Thu 5 Sep	Undertaking a qualitative evidence synthesis as AI approach (Teams only)	Prof Axel Kaehne
Tue 15 Oct	Optimising recruitment in research (Teams only)	Dr Alba Realpe & Dr Lucy Wallis, University of Bristol
Thu 14 Nov	Implementation Research: Hybrid effectiveness implementation trials	Prof Lyvonne Tume
Thu 5 Dec	Arts based research methods	Prof Vicky Karkou
Fri 10 Jan	New trial designs: Platform trials (Teams only)	Prof Lyvonne Tume
Tue 11 Feb	Using large health and social care databases: a guide to getting started with practical examples	Prof Greg Irving
Thu 6 Mar	Researching using creative methods with children and young people	Prof Bernie Carter
Mon 7 Apr	Pragmatism in research (Teams only)	Dr Maria Moffat, University of Liverpool
Wed 7 May	Researching Social Prescribing: ABCD approaches	Dr Michelle Howarth
Mon 2 Jun	Researching complex interventions	Dr Shaun Liverpool



Rooms will be added to calendar appts once confirmed

Any questions? Please contact: FHSCMResearch@edgehill.ac.uk

Maternal Health Research Guest Lecture

Professor Sharleen O-Reilly (online via Teams), Thurs 26th September, 12pm-1pm <https://www.edgehill.ac.uk/event/maternal-health-research-group-guest-lecture/>

Are you a healthcare practitioner who aspires to be a **Co-Investigator** or **Principal Investigator**?

Could you help to **mentor colleagues** to develop research delivery leaders of the future?

Are you an employer looking for new ways to **develop the next generation** of **Research Delivery Leads**?

Introducing the NIHR-AoMRC Clinician Researcher Credentials Framework

- ➔ **Master's level qualifications** designed for learners with **busy work schedules** studying **part time**.
- ➔ Created to provide the necessary networks, skills and confidence needed for **healthcare practitioners** from **any regulated profession** to **lead and support clinical research delivery**.
- ➔ Learners put theoretical learning into practice by undertaking **workplace-based modules** where they work on existing research projects in their local area, supported by the **mentorship of an experienced researcher**.

Full details about the NIHR-AoMRC Clinician Researcher Credentials Framework are available on its website:

<https://sites.google.com/nihr.ac.uk/crcredentials/home>



Click above to find out more

Study Spotlight - Ormskirk

The **NAFLD** BioResource
Understand the Natural History of
Non-Alcoholic Fatty Liver Disease

NIHR | BioResource

The NAFLD BioResource has been established in collaboration with the NIHR BioResource in order to help in the fight against Non-Alcoholic Fatty Liver Disease and to support research in health-related conditions more generally. It aims to establish a group of around 7,500 participants with NAFLD from all over the UK and to help research into the causes of NAFLD.

It looks to understand if there are any indicators or patterns that can be linked to NAFLD severity and treatment response. By doing this, we can begin to identify better treatments to reduce the effects of NAFLD, or potentially provide a cure.

SPIROMAC

The SPIROMAC study will see if using the results from a breathing test called spirometry can help guide asthma treatment and prevent asthma attacks in children with asthma.

There are two groups of children in the SPIROMAC study. Children in both groups will be seen every three months for a year in their usual hospital or at their local GP practice.

One group will have their asthma preventer treatment guided by the normal way, i.e. the doctor or nurse will ask about their asthma cough, wheeze and breathlessness and how often they use their asthma preventer and reliever inhalers.

One group will have their asthma preventer treatment guided by both spirometry and cough, wheeze and breathlessness and how often they use their asthma preventer and reliever inhalers.

ALcohol and Liver Health

ALLHEAL

This research study is creating a database of people who drink too much alcohol, either now or in the past. The purpose of this study is to help us understand the medical effects of dangerous drinking so that we can offer better advice and help to people.

If you decide to take part in this study, we will use your routine medical data that has been collected up until now, and any further data that might be collected in the future.

We can access this data through your medical records or through national databases managed by NHS Digital or the Office for National Statistics. There is no need for you to attend additional appointments or telephone calls.

There are no additional tests, scans, or treatments involved in this study.

**For more information about these studies or to take part,
please contact us.**



The **IMID** BioResource is a component part of the NIHR BioResource. It aims to help research into the causes of Immune-Mediated Inflammatory Diseases and understand determinants of IMID severity and treatment response. By understanding which genes and environmental factors are involved, and their impact on the immune system, we can investigate why some people get immune-mediated Inflammatory diseases, why some of the existing treatments work in some patients but not in others, how better treatments might be developed and whether it might be possible to prevent or cure IMID.

We were in the top 20 recruiting sites with a total of 24 participants from 01/04/24 - 30/06/24!



The ROSETA Optimisation Trial

Breast cancer is the most commonly diagnosed cancer in women. Hormone therapies have improved outcomes for women with breast cancer, however, studies suggest that between 31-73% of women with breast cancer take their hormone therapy as prescribed. The ROSETA Optimisation trial is testing how well four ways (called interventions) support women with breast cancer in taking hormone therapy. We are testing what, if any, is the best combination of the interventions.

We have randomised the first participant to the study!



RADAR (UK-MRA Myeloma XV)

Myeloma is a cancer of the bone marrow cells. Combining stem cell transplantation (SCT) with new drug treatments has shown to improve outcomes in myeloma patients. Some patients have been found to have genetic abnormalities in the myeloma cells and these 'high-risk' patients do not respond well to standard treatment. This study will investigate different treatment combinations for these two groups of patients. It will also investigate whether a third group of patients, who do respond well to initial treatment, can receive treatment for a shorter period of time without coming to harm.

We are in the top 5 sites for Quality of Life compliance (above 93%).

Good News - Whiston

On the 22nd May the Research team from Whiston Hospital recruited to an important study, the **FUSE** study “Feasibility of Using resting heart rate and step-counts from patient-held Sensors during clinical assessment of medical Emergencies”, an international, multicenter observational study using the Flash Mob Research design.

Recruitment to the study took place on one day and involved Research Nurses, Doctors, Nurses, and Research Practitioners, along with administrative support staff.

The study was led by the Principal Investigator, Dr Magda Nasher, who worked hard to engage as many staff as possible. This was a great success and demonstrated how staff from across the trust worked collaboratively to offer our patients the opportunity to take part in a study that might aid a better estimate of their severity of illness and help clinicians to better understand and interpret any changes or trends in their condition.



Thank You

Positive patient feedback:

“Thank you so much for calling me and asking me to be on this trial. I’m so happy it’s working. 6 months ago I was miserable not knowing what to do next as nothing seemed to be working. Thank you very much.”

“Thank you so much for everything and all the support you have given me throughout the clinical trial. This trial really has given me my life back.”



Virtual Classroom 11th October 2024

The course has been designed to give an overview of the governance and management requirements throughout the life cycle of a research study within the NHS/HSC across all the four nations in the UK.

It will go through different aspects of study set-up including research funding, regulatory approvals, logistics, safety reporting and local study management. It will also talk about roles and responsibilities of Principal Investigators and study delivery teams in different phases of study management.

Who should attend?

This course has been focused on the role of Principal Investigators and study delivery teams within the NHS/HSC organisations in managing a research project.



Virtual Classroom 28th October 2024 (1/2 Day PM)

Being able to provide a full, complete and accurate IRAS submission should help to make your approval process run much more smoothly, but many people struggle with some aspects of IRAS. This half day course is designed to supplement the existing IRAS and HRA guidance by working through the standard and combined review IRAS systems as well as the amendments section in a live environment.

This course will concentrate on those questions and functions that many applicants struggle with.

Who should attend?

Anyone who has to create and submit an IRAS application and those who support applicants.

The course is relevant to NHS, academic and industry researchers.

Registered Research Practitioner - Cross Divisional

An exciting opportunity has arisen for a Band 6, Registered Research Practitioner (1 WTE) to join the Research Development and Innovation Team at Mersey and West Lancashire Teaching Hospitals NHS Trust (MWL). We would welcome applications from registered nurses, midwives, AHP's or CRP's.

The role is a temporary contact for 1 year. Secondments will also be considered for this post. The successful candidate will work with a team including research nurses, clinicians, and academic staff and will be based across both Southport District General Hospital and Ormskirk District General Hospital. Cross site working, between Southport and Ormskirk Hospital and the ability to travel is a requirement of this post. Whilst the role will predominantly be based at Southport and Ormskirk Hospitals, there may be a requirement to work flexibly over our other sites including but not limited to Whiston and St. Helens Hospital.

[Click here to find out more.](#)



#Red4Research brings together all those participating, supporting, and undertaking research. On the front line and behind the scenes incredible research teams collectively work on health and social care research. The R&D community is innovative, flexible and dynamic. Research doesn't just happen though, people make it happen – research participants, patients, professionals, volunteers and regulatory bodies all collectively working together.

Keep an eye on  for our updates!

For any further information about items in this newsletter, please get in touch with us!



Ormskirk Hospital Research Office
Dicconson Way, Wigan Road
Ormskirk
L39 4QX
Telephone: 01695 65 6506

RD&I Manager:
Jillian Simpson 01704 703457
soh-tr.researchsonhs@merseywestlancs.nhs.uk

Southport & Formby Hospital
Research Office
Town Lane, Kew,
Southport, Merseyside,
PR8 6PN
Telephone: 01704 70 4939

RD&I Manager:
Jillian Simpson 01704 703457
soh-tr.researchsonhs@merseywestlancs.nhs.uk

Whiston Hospital Research Office
Warrington Road, Prescott
L35 5DR
Telephone: 0151 290 4898

RDI Manager:
Jeanette Anders 0151 478 7850
research@sthk.nhs.uk

