Mersey and West Lancashire Teaching Hospitals
NHS Trust

Head injury in a child

Patient information leaflet

If you need this information in a different language or accessible format, please speak to a member of staff who can arrange it for you

Якщо вам потрібна ця інформація іншою мовою або в доступному форматі, зверніться до співробітника, який зможе це для вас організувати

إذا كنت بحاجة إلى هذه المعلومات بلغة مختلفة أو بصيغة ميسَّرة، فيرجى التحدث إلى أحد العاملين والذي سيقوم بترتيب ذلك لك.

如果您需要其他語言或無障礙格式的資訊，請聯繫工作人員，他們將為您安排。

இந்தத் தகவலானது உங்களுக்கு வேறொரு மொழியிலோ அல்லது எளிதில் அணுகக்கூடிய வடிவத்திலோ தேவைப்பட்டால், அதனை உங்களுக்காக ஏற்பாடு செய்துதரக்கூடிய பணியாளர் ஒருவரிடம் தயவுசெய்து பேசவும்.

Dacă aveți nevoie de aceste informații într-o altă limbă sau într-un format accesibil, vă rugăm să vă adresați unui membru al personalului, care va face demersurile necesare pentru dumneavoastră.

اگر به این اطلاعات به زبانی دیگر یا در قالب دسترس‌پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Se necessitar desta informação numa língua diferente ou num formato acessível, por favor fale com um membro da equipa que poderá organizá-la para si

اگر آپ کو یہ معلومات کسی مختلف زبان یا قابل رسائی فارمیٹ میں چاہیے، تو مہربانی کرکے عملے کے کسی رکن سے بات کریں جو آپ کے لیے اس کا بندوبست کر سکتا ہو۔

Jeżeli niniejsze informacje mają być przekazane w innym języku lub dostępnym formacie, prosimy o kontakt z członkiem personelu, który może to dla Państwa przygotować

ئەگەر پێویستیت بەم زانیارییانە هەیە بە زمانێکی جیاواز یان شێوازێکی تر، تکایە لەگەڵ ئەندامێکی ستافەکە قسە بکە کە دەتوانێت بۆت ڕێکبخات

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Head injury advice

We feel it is safe for your child to leave hospital now. We have checked their symptoms, and they seem well on the road to recovery.

When you get them home it is very unlikely that you will have any further problems.

However, if any of the following symptoms occur, we suggest you take your child to their nearest hospital Accident & Emergency Department as soon as possible:

- Unconsciousness or lack of full consciousness (e.g. problems keeping eyes open).
- Any confusion (not knowing where they are, getting things muddled up).
- Any drowsiness (feeling sleepy) that goes on for longer than 1 hour when they would normally be wide awake.
- Difficulty to wake them up.
- Any problems understanding or speaking.
- Any loss of balance or problems walking.
- Any weakness in one or both arms and/or legs.

- Any problems with their eyesight.
- Very painful headache after pain relief that will not go away.
- Any vomiting – getting sick.
- Any fits (collapsing or passing out suddenly).
- Clear fluid coming out of their ear or nose.
- New bleeding from one or both ears.
- New deafness in one or both ears.

Things that will help your child get better

Do have plenty of rest and avoid stressful situations.

Do make sure that there is a nearby telephone and that your child stays within easy reach of medical help.

Do not take sleeping pills, sedatives or tranquilisers unless they are given by a doctor.

Do not play any contact sport (e.g. rugby or football) for at least 3 weeks without talking to their doctor first.

Do not allow your child to return to school until you feel they have completely recovered.

Do not leave your child alone in the home for the first 48 hours after leaving hospital.

Long term problems

Most patients recover quickly from their accident and experience no long-term problems. However, some patients only develop problems after a few weeks or months. If you start to feel that things are not quite right for your child (e.g. memory problems, not feeling themselves), contact their doctor as soon as possible so that he/she can make sure your child is recovering properly.

Look out for these symptoms:

- Drowsy or confused.



- Headache or blurred vision.



- Vomiting.



- Leaking of fluid from Ears or Nose.



- Seizures-(fits/convulsions).



Things you should not worry about

Your child may experience other symptoms over the next few days which should disappear within the next 2 weeks.

These include:

- A mild headache.
- Feeling sick (without vomiting).
- Dizziness.
- Irritability or bad temper.
- Problems concentrating or problems with their memory.
- Tiredness or problems sleeping.
- Lack of appetite.

If you feel very concerned about any of these symptoms in the first few days after discharge, you should take your child to their doctor.

If these problems do not go away after 2 weeks, you should take your child to see their doctor.

There may be students and observers present during your consultation as part of their ongoing training. Please let the staff know if you do not wish any students to be present during your attendance

Please ask a member of staff if you would like a chaperone present during your procedure.

MWL has a zero-tolerance approach to any form of abuse, violence or aggression shown to staff and patients, by patients, visitors or members of the public. We will not tolerate any form of bullying, victimisation, harassment, discrimination, unacceptable and inappropriate behaviour and/or unacceptable and inappropriate language.

All instances of abuse, violence or aggression, no matter how big or small, will be investigated and action taken if necessary.

Notes

Notes

Whiston Hospital
Warrington Road
Prescot
Merseyside
L35 5DR

St Helens Hospital
Marshall Cross Road
St Helens
Merseyside
WA9 3DA

Newton Hospital
Bradlegh Road
Newton-le-Willows
WA12 8RB

Southport Hospital
Town Lane Kew
Southport
Merseyside
PR8 6PN

Ormskirk Hospital
Dicconson Way
Wigan Road
Ormskirk
L39 2AZ