Mersey and West Lancashire Teaching Hospitals NHS Trust

Patch testing aftercare

If you need this information in a different language or accessible format, please speak to a member of staff who can arrange it for you

Якщо вам потрібна ця інформація іншою мовою або в доступному форматі, зверніться до співробітника, який зможе це для вас організувати

إذا كنت بحاجة إلى هذه المعلومات بلغة مختلفة أو بصيغة مُيسَّرة، فيرجى التحدث إلى أحد العاملين والذي سيقوم بترتيب ذلك لك.

如果您需要其他語言或無障礙格式的資訊，請聯繫工作人員，他們將為您安排。

இந்தத் தகவலானது உங்களுக்கு வேறொரு மொழியிலோ அல்லது எளிதில் அணுகக்கூடிய வடிவத்திலோ தேவைப்பட்டால், அதனை உங்களுக்காக ஏற்பாடு செய்துதரக்கூடிய பணியாளர் ஒருவரிடம் தயவுசெய்து பேசவும்.

Dacă aveți nevoie de aceste informații într-o altă limbă sau într-un format accesibil, vă rugăm să vă adresați unui membru al personalului, care va face demersurile necesare pentru dumneavoastră.

اگر به این اطلاعات به زبانی دیگر یا در قالب دسترس‌پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Se necessitar desta informação numa língua diferente ou num formato acessível, por favor fale com um membro da equipa que poderá organizá-la para si

اگر آپ کو یہ معلومات کسی مختلف زبان یا قابل رسائی فارمیٹ میں چاہیے، تو مہربانی کرکے عملے کے کسی رکن سے بات کریں جو آپ کے لیے اس کا بندوبست کر سکتا ہو۔

Jeżeli niniejsze informacje mają być przekazane w innym języku lub dostępnym formacie, prosimy o kontakt z członkiem personelu, który może to dla Państwa przygotować

ئەگەر پێویستیت بەم زانیاریانە هەیە بە زمانێکی جیاواز یان شێوازێکی تر، تکایە لەگەڵ ئەندامێکی ستافەکە قسە بکە کە دەتوانێت بۆت ڕێکبخات

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After patch test application

- Wear something old and dark as the pen could mark your clothing. Wear a vest top or old t-shirt in bed to prevent patches coming off. Clothes that open at the front can be easier than those which go over your head.

- Avoid exercise/sports including any strenuous stretching or lifting. This is to prevent sweating and the chance of the patches coming loose or falling off.

- Avoid getting your back wet (or any other areas of the body that patches have been applied) until after your final appointment.

- Do not expose your back to the sun or sunlamps during testing.

- If your patches come loose please secure with the tape we have given you.

- If your patches come off, please record the date and time they came off and take photos of the area. Do not try to put them back on.

- Rarely some reactions can take up to 2 weeks. If you develop a late reaction, please contact the dermatology department.

Side effects

- Skin reddening and itching at the application site (a positive reaction). A strong positive reaction may cause a blister.
- Persistent reaction - some positive test reactions may remain for a few weeks before fading away.
- Flare-up of eczema - a positive patch test may be accompanied by a temporary flare-up of your existing or previous eczema.
- Pigment change - an increase or decrease in pigment (skin colour) may be seen at the place where the patches were, which may last for several months.
- Scarring - very rare (1 in 10,000).
- Allergy - very uncommon, you may become allergic to one of the substances applied during patch testing. If this happens, you will be advised how to avoid the substance.

There may be students and observers present during your consultation as part of their ongoing training. Please let the staff know if you do not wish any students to be present during your attendance

Please ask a member of staff if you would like a chaperone present during your procedure.

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Prescot
Merseyside
L35 5DR

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Marshall Cross Road
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WA9 3DA

Newton Hospital
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Southport Hospital
Town Lane Kew
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Wigan Road
Ormskirk
L39 2AZ

MWL has a zero-tolerance approach to any form of abuse, violence or aggression shown to staff and patients, by patients, visitors or members of the public. We will not tolerate any form of bullying, victimisation, harassment, discrimination, unacceptable and inappropriate behaviour and/or unacceptable and inappropriate language.

All instances of abuse, violence or aggression, no matter how big or small, will be investigated and action taken if necessary.