

Who can I contact for advice?

Whiston & St Helens sites

Stone nurse specialist - 07880 293 602

Urology department - 01744 646 300

Southport & Ormskirk sites

01704 704301 and 01695 656 277

Email: soh-tr.urologycns@merseywestlancs.nhs.uk

There may be students and observers present during your consultation as part of their ongoing training. Please let the staff know if you do not wish any students to be present during your attendance

Please ask a member of staff if you would like a chaperone present during your procedure.

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600

St Helens Hospital
Marshalls Cross Road,
St Helens, Merseyside, WA9 3DA
Telephone: 01744 26633

Southport Hospital
Town Lane, Kew,
Southport, Merseyside,
PR8 6PN
Telephone: 01704 547 471

Ormskirk Hospital
Dicconson Way, Wigan Road,
Ormskirk, Lancashire, L39 2AZ
Telephone: 01695 577 111

Removal of a ureteric stent discharge advice

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

This leaflet has been produced to give you general information about the removal of a ureteric stent either via string or flexible cystoscopy. It is not intended to replace the discussion between you and your doctor, but may act as a starting point for discussion.

If after reading this you have any concerns or require further explanation, please discuss this with a member of the healthcare team caring for you.

What is a stent and why is it being removed?

A stent is a surgical device which was put into your ureter to keep it open to enable urine to drain from your kidney into your bladder.

Is it being removed because the blockage has gone or has been removed, it does not need to be there anymore, or further treatment has been advised.

What are the benefits of having my stent removed?

- To reduce the risk of infection
- To reduce the risk of pain and discomfort

What are the risks following the removal of my ureteric stent?

- Risk of bleeding or mild burning on passing urine when the stent is removed but this should settle in a few days
- Risk of infection which requires treatment with antibiotics
- Minimal risk of damage of ureteric wall (where the stent is) requiring further surgery
- Injury to the urethra causing scar

What can I expect when I get home?

Pain

You may experience slight pain in you lower tummy for a few days. It may also burn and sting slightly when you pass urine after the removal of the stent. Some simple pain relief such as paracetamol should relieve these symptoms.

Urine

You may see blood in your urine (a pale pink colour), this is normal and should clear within 2-3 days.

Getting back to normal

You should avoid strenuous activities or heavy lifting for a few days. Unless otherwise advised by your doctor, you are advised to drink more fluid than usual over the next 2 - 3 days (2 - 3 litres per day).

When to seek medical attention

- If you become unwell with a fever
- If you are passing excessive blood and clots in your urine
- If you cannot pass any urine
- If your pain continues or becomes more severe
- Your urine becomes smelly and/or cloudy or if you experience pain in your kidneys