Mersey and West Lancashire Teaching Hospitals NHS Trust

Sedation in the Emergency Department

and discharge following sedation

Patient information leaflet

If you need this information in a different language or accessible format, please speak to a member of staff who can arrange it for you

Якщо вам потрібна ця інформація іншою мовою або в доступному форматі, зверніться до співробітника, який зможе це для вас організувати

إذا كنت بحاجة إلى هذه المعلومات بلغة مختلفة أو بصيغة ميسَّرة، فيرجى التحدث إلى أحد العاملين والذي سيقوم بترتيب ذلك لك.

如果您需要其他語言或無障礙格式的資訊，請聯繫工作人員，他們將為您安排。

இந்தத் தகவலானது உங்களுக்கு வேறொரு மொழியிலோ அல்லது எளிதில் அணுகக்கூடிய வடிவத்திலோ தேவைப்பட்டால், அதனை உங்களுக்காக ஏற்பாடு செய்துதரக்கூடிய பணியாளர் ஒருவரிடம் தயவுசெய்து பேசவும்.

Dacă aveți nevoie de aceste informații într-o altă limbă sau într-un format accesibil, vă rugăm să vă adresați unui membru al personalului, care va face demersurile necesare pentru dumneavoastră.

اگر به این اطلاعات به زبانی دیگر یا در قالب دسترس‌پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Se necessitar desta informação numa língua diferente ou num formato acessível, por favor fale com um membro da equipa que poderá organizá-la para si

اگر آپ کو یہ معلومات کسی مختلف زبان یا قابل رسائی فارمیٹ میں چاہیے، تو مہربانی کرکے عملے کے کسی رکن سے بات کریں جو آپ کے لیے اس کا بندوبست کر سکتا ہو۔

Jeżeli niniejsze informacje mają być przekazane w innym języku lub dostępnym formacie, prosimy o kontakt z członkiem personelu, który może to dla Państwa przygotować

ئەگەر پێویستیت بەم زانیارییانە هەیە بە زمانێکی جیاواز یان شێوازێکی تر، تکایە لەگەڵ ئەندامێکی ستافەکە قسە بکە کە دەتوانێت بۆت ڕێکبخات

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Sedation

It has been decided to give you a sedative drug as part of your management in the Emergency Department.

Sedation is usually given so that it is more comfortable for you to have a painful or unpleasant procedure done.

Sedation will make you sleepy and less aware of what is happening, but its effects will only last for a short period of time.

It is not the same as a full anaesthetic, and you should recover very rapidly.

How we will sedate you

We use several different drugs to sedate patients, and your doctor will be happy to discuss their choice with you if you wish.

The doctor giving the sedative drug will ask several questions to make sure it is safe to proceed.

We will want to know when you last had something to eat and drink. Please do not eat or drink anything whilst waiting.

The sedation will take place in our resuscitation room so that you can be closely monitored. We will record your pulse, blood pressure and oxygen levels during the procedure.

We will give you some extra oxygen before, during and after the procedure.

We will place a small tube into one of your veins using a needle (an intravenous line) in order that we can give you the sedative drug.

There will be a minimum of 3 members of staff present - a doctor to give the sedation, another health professional to perform the procedure and a nurse to monitor you.

Risks of sedation

Sedation is a very safe procedure but as most procedures can be done without sedation there are a few uncommon complications you should be aware of. The following is a list of common and serious complications and how frequently they occur:

Common risks

- Low oxygen levels happen in 1 out of every 25 patients sedated.
- Vomiting will occur in up to 1 patient out of every 50 sedated.
- Low blood pressure happens in 1 out of every 100 patients sedated. We will give you fluids and medication to bring your blood pressure up.
- 1 in 100 temporarily stop breathing. Additional oxygen is given throughout, and we can assist your breathing if needed.

Serious but unlikely risks

- If you vomit whilst sleepy, there is a very small chance the vomit can enter the lungs which can cause serious breathing problems. This can happen to one patient in every 1000 sedated. This is why it is important not to eat or drink before sedation and why we try to avoid sedation if you have eaten in the 4 hours before the procedure.
- Very rarely we may need to put a tube into your airway to take over your breathing for you.

We are happy to answer any further questions you have.

If you agree to being sedated, we will ask you to sign a consent form giving us permission to proceed.

Discharge following sedation

It is normal to have a short period of memory loss as a result of being given a sedative drug.

The vast majority of people have an uneventful recovery.

Things to do after sedation

- Rest
- Drink plenty of fluids and eat a light diet.
- Ensure there is a responsible adult looking after you for 24 hours.

Things to avoid after sedation

- Do not drive a vehicle for 24 hours.
- Do not operate machinery.
- Do not drink alcohol.
- Do not make important decisions.
- Do not care for dependent adults or children without help.

There may be students and observers present during your consultation as part of their ongoing training. Please let the staff know if you do not wish any students to be present during your attendance

Please ask a member of staff if you would like a chaperone present during your procedure.

MWL has a zero-tolerance approach to any form of abuse, violence or aggression shown to staff and patients, by patients, visitors or members of the public. We will not tolerate any form of bullying, victimisation, harassment, discrimination, unacceptable and inappropriate behaviour and/or unacceptable and inappropriate language.

All instances of abuse, violence or aggression, no matter how big or small, will be investigated and action taken if necessary.

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