Southport Hospital
Town Lane, Kew, Southport,
Merseyside, PR8 6PN
Telephone: 01704 547 471

St Helens Hospital
Marshalls Cross Road,
St Helens, Merseyside, WA9 3DA
Telephone: 01744 26633

Whiston Hospital
Warrington Road, Prescot,
Merseyside, L35 5DR
Telephone: 0151 426 1600

Ormskirk Hospital
Dicconson Way, Wigan Road,
Ormskirk, Lancashire, L39 2AZ
Telephone: 01695 577 111

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NHS
Mersey and West Lancashire
Teaching Hospitals
NHS Trust

General care of your wound Post - operative minor surgery

Patient information leaflet

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس‌پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أُخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

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Information following procedure

Name: _____

Date of birth: _____

Date of procedure: _____

Procedure	Site	No. of sutures	Dressing applied

Please contact your local treatment room to make an appointment as soon as you are able to. Details of local treatment rooms are available at the end of this leaflet.

Specific instructions

Any specific instructions

_____
_____
_____
_____
_____
_____
_____

Useful numbers and resources

- Emergency Department:
  01704 704 131.
- NHS 111.
- NHS 111 online:
  https://111.nhs.uk
- Stop smoking helpline (Sefton):
  0300 100 1000.
- Stop smoking helpline (West Lancashire):
  0800 328 6297.

Other problems

If you are worried about anything this leaflet does not cover please :

- Ask your GP or practice nurse.
- Contact NHS 111 service.
- Contact the emergency department on 01704 704 131 (Southport) & 0151 426 2399 (Whiston).

Care of your wound

- Unless advised otherwise, you may bathe or shower as usual as long as a waterproof dressing has been applied.
- If your wound gets wet, be sure to pat it dry with a clean towel.
- If you have a pressure dressing in place, this can be removed after 24 hours.
- You will find another dressing underneath which should be left on until the sutures are removed.
- Check dressings to fingers and toes to ensure they do not become too tight. If you are concerned, please contact your local health centre or walk-in centre for advice.
- If you need regular dressings, we will arrange this with you at a local treatment centre.

Possible after effects of your minor surgery

Pain - It is normal to experience some discomfort after minor surgery. Simple pain killers such as paracetamol should be adequate to control this. Please do not exceed the recommended dose of no more than 8, 500mg tablets in a 24 hour period.

You should be aware of any other interactions with any other pain relief that you routinely take. We do not recommend that you take aspirin based pain relief, with the exception of those prescribed, as these may increase the risk of bleeding.

Bleeding - Do not worry if the wound bleeds slightly when you get home. Press firmly on the area for 5 to 10 minutes and elevate the area if possible. If bleeding is excessive or persists, contact your local health centre, walk-in centre or attend emergency department in serious cases.

Swelling - For wounds on the arm or leg, try to elevate the limb as much as possible for 24-48 hours to minimise swelling. If swelling persists please contact your local health centre, walk-in centre or attend emergency department in serious cases.

Bruising - Some bruising can be expected around the wound area, especially if the wound is on the head or face.

Biopsy results

Following your minor surgery procedure today, we will arrange for you to receive your results via your GP within four weeks.

Local treatment room contact details

For removal of stitches or changes of dressings, please contact the treatment team in your local area who can arrange your appointment.

Please book in as soon as possible to arrange an appointment.

Sefton	01704 387230
West Lancashire	0300 247 0011
Whiston and Knowsley	0151 351 8475