

# **PATIENT INFORMATION**

## **Using Your Own Medicines Whilst in Hospital**



## **INTRODUCTION**

This leaflet is provided to you to explain how we use your own medicines from home during your stay in hospital.

## **USING YOUR OWN MEDICINES WHILST IN HOSPITAL**

At Southport and Ormskirk Hospitals NHS Trust we run a scheme where you will continue to use your own medicines from home during your stay in hospital. We will provide any extra medicines you need from the hospital pharmacy.

### **WHY?**

- To make sure you have the correct medicines in hospital.
- To make going home quicker.
- To help you understand what medicines you should be taking.
- To reduce wastage.

### **WHAT WILL HAPPEN TO YOUR MEDICINES?**

- When you come into hospital a member of the Pharmacy Team will check your medicines to see that they are in good condition, in date, labelled correctly and are the medicines your doctor wants you to take.
- We will normally only use medicines in labelled containers with your name and the directions.
- Your own medicines will be stored in a locked medicines locker next to your bed or in an individual tray in the medicines trolley along with any new medicines you may need.

## **WHAT IF I HAVE QUESTIONS ABOUT MY MEDICINES**

- A member of the Pharmacy Team will be available weekdays 8.30am to 5pm to answer any questions or give you information about your medicines.
- All medicines come with patient information leaflets.

## **WHAT IF I NEED NEW MEDICINES OR THERE ARE CHANGES TO THE MEDICINES I USUALLY TAKE?**

- Any new medicines will be supplied by the hospital pharmacy and put in the medicine locker next to your bed or in the ward medicines trolley.
- If your dose changes but the medicine remains the same, pharmacy will re-label your medicines with the new instructions.
- Any new medicines will be labelled with directions explaining how to take them. This should speed up your discharge.

## **WHAT HAPPENS TO MEDICINES I NO LONGER NEED?**

- If your medicines are no longer needed or are damaged or out of date we can safely dispose of them for you.

## **WHAT WILL HAPPEN WHEN I GO HOME?**

- The doctor will write a prescription for the medicines you need to take when you are due to go home.
- A member of the Pharmacy Team or nurse will check the medicines in your medicines locker and give them to you along with a copy of the discharge prescription.
- Please make sure you take your medicines from the bedside locker or ward medicines trolley when you go home and return the locker key (if appropriate).

## **HOW DO I GET MORE MEDICINES?**

- You will need to obtain more supplies from your own GP. Your GP will be informed of your discharge medication. Please see your GP at least 5 days before your medicines run out.

**This leaflet is available in large print, audio/computer disc, Braille, and other languages on request.**

All of our publications can be made available in this language.

English

Te gjitha publikimet tona mund te ofrohen ne kete gjuhe.

Albanian

আমাদের সব প্রচারপত্র মচারাচৰ পাওয়া যেতে পারে।

Bengali

我們所有的印刷品均有這種語言的版本可供索閱。

Chinese

کلیه نشریات ما می تواند به این زبان قابل دسترس باشد.

Farsi

અમારા બધા પ્રકાશન આ ભાષામાં ઉપલબ્ધ થઈ શકે છે

Gujarati

हमारे सभी प्रकाशन इस भाषा में प्रदान किये जा सकते हैं।

Hindi

ਸਾਡੇ ਸਾਰੇ ਪ੍ਰਕਾਸ਼ਨ ਇਸ ਭਾਸ਼ਾ ਵਿਚ ਮਿਲ ਸਕਦੇ ਹਨ।

Punjabi

ہماری تمام اشاعت اس زبان میں حاصل کی جاسکتی ہے۔

Urdu

During your time in hospital, it is important to us that you are happy with your care and treatment. Please speak to a member of staff and/or the ward/department Sister/Charge Nurse if you have any questions or concerns.

## **MATRON**

A Matron is also available during the hours of 9am – 5 pm Monday to Friday. During these periods, ward/department staff can contact Matron to arrange to meet with you. Out of hours, a Senior Nurse can be contacted via the ward/department to deal with any concerns you may have.

## **INFECTION CONTROL REQUEST**

Preventing infections is a crucial part of our patients' care. To ensure that our standards remain high our staff have regular infection prevention and control training and their practice is monitored in the workplace. We ask patients and visitors to assist us in preventing infections by cleaning their hands at regular intervals and informing staff of areas within the hospital that appear soiled.

As a patient there may be times that you are unsure whether a staff member has cleaned their hands; if in doubt please ask the staff member and they will be only too happy to put your mind at ease by cleaning their hands so that you can see them.

## **SPECIAL INSTRUCTIONS FOR AFTER YOU HAVE LEFT THE HOSPITAL PREMISES**

N/A

## **ANY CONDITION SPECIFIC DANGER SIGNALS TO LOOK OUT FOR:**

N/A

## **CONTACT INFORMATION IF YOU ARE WORRIED ABOUT YOUR MEDICINES AFTER YOU HAVE LEFT HOSPITAL**

Your own GP –  
Southport DGH (01704) 704161  
Ormskirk DGH (01695) 656422

## **OTHER USEFUL TELEPHONE NUMBERS/CONTACTS:**

NHS 111  
Stop Smoking Helpline (Sefton) - 0300 100 1000  
Stop Smoking Helpline (West Lancashire) - 0800 328 6297

**Please call 01704 704714 if you need  
this leaflet in an alternative format**

**Southport and Ormskirk Hospital NHS Trust**

Ormskirk & District General Hospital  
Wigan Road, Ormskirk, L39 2AZ  
Tel: (01695) 577111

Southport & Formby District General Hospital  
Town Lane, Kew, Southport, PR8 6PN  
Tel: (01704) 547471

**FOR APPOINTMENTS**

Telephone (01695) 656680  
Email [soh-tr.appointments@nhs.net](mailto:soh-tr.appointments@nhs.net)

Please remember to complete the **attached Friends and Family Test**.

Alternatively, you can complete the *Friends and Family Test* on-line by going to:  
[southportandormskirk.nhs.uk/FFT](http://southportandormskirk.nhs.uk/FFT)  
**Thank you**

Author: Vicki Caton  
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