

PATIENT INFORMATION

Term Pre-Labour Rupture of Membranes

This leaflet is for women from 37 weeks gestation with ruptured membranes before the onset of established labour.

Your waters have broken but labour has not started.

- The risk of serious neonatal infection is 1%, rather than 0.5% with intact membranes.
- 60% of women with pre-labour rupture of membranes will go into labour within 24 hours.
- Induction of labour is appropriate 24 hours after rupture of membranes.

We have booked you in for Induction of Labour. Here is what to look out for whilst you are at home.

- Any changes to the colour of your water
- Any changes to the smell of your waters
- Any changes to the baby's normal activity
- Any pains
- Any vaginal bleeding
- Temperature 37.5 or above (Please take your temperature during waking hours every 4 hours)

**PLEASE CALL TRIAGE IF YOU NOTE ANY OF
THE ABOVE**

Date and Time	Temperature	Colour of Water	Any Concerns

**IF YOU HAVE ANY CONCERNS PLEASE CALL
TRIAGE WHO WILL ADVISE YOU. 01695 656604**

During your contact with us, it is important that you are happy with your care and treatment. Please speak to a member of staff and/or the ward/department Sister/Charge Nurse if you have questions or concerns.

MATRON

A Matron is also available during the hours of 9am to 5pm Monday to Friday. During these periods, ward/department staff can contact Matron to arrange to meet with you. Out of hours, a Senior Nurse can be contacted via the ward/department to deal with any concerns you may have.

INFECTION CONTROL REQUEST

Preventing infections is a crucial part of our patients' care. To ensure that our standards remain high our staff have regular infection prevention and control training and their practice is monitored in the workplace. We ask patients and visitors to assist us in preventing infections by cleaning their hands at regular intervals and informing staff of areas within the hospital that appear soiled.

As a patient there may be times that you are unsure whether a staff member has cleaned their hands; if in doubt please ask the staff member and they will be only too happy to put your mind at ease by cleaning their hands so that you can see them.

SPECIAL INSTRUCTIONS

ANY CONDITION SPECIFIC DANGER SIGNALS TO LOOK OUT FOR:

CONTACT INFORMATION IF YOU ARE WORRIED ABOUT YOUR CONDITION

- Your own GP

OTHER USEFUL TELEPHONE NUMBERS/CONTACTS:

NHS 111

Stop Smoking Helpline (Sefton) – 0300 100 1000

Stop Smoking Helpline (West Lancashire) – 0800 328 6297

**Please call 01704 704714 if you need
this leaflet in an alternative format**

Southport and Ormskirk Hospital NHS Trust

Ormskirk & District General Hospital
Wigan Road, Ormskirk, L39 2AZ
Tel: (01695) 577111

Southport & Formby District General Hospital
Town Lane, Kew, Southport, PR8 6PN
Tel: (01704) 547471

FOR APPOINTMENTS

Telephone (01695) 656680
Email soh-tr.appointments@nhs.net

Please remember to complete the **attached Friends and Family Test**.

Alternatively, you can complete the *Friends and Family Test* on-line by going to: southportandormskirk.nhs.uk/FFT

Thank you

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