



**Southport and  
Ormskirk Hospital**  
NHS Trust

## **PATIENT INFORMATION**

# **Term Pre-Labour Rupture of Membranes**



This leaflet is for women from 37 weeks gestation with ruptured membranes before the onset of established labour.

Your waters have broken but labour has not started.

- The risk of serious neonatal infection is 1%, rather than 0.5% with intact membranes.
- 60% of women with pre-labour rupture of membranes will go into labour within 24 hours.
- Induction of labour is appropriate 24 hours after rupture of membranes.

We have booked you in for Induction of Labour. Here is what to look out for whilst you are at home.

- Any changes to the colour of your water
- Any changes to the smell of your waters
- Any changes to the baby's normal activity
- Any pains
- Any vaginal bleeding
- Temperature 37.5 or above (Please take your temperature during waking hours every 4 hours)

**PLEASE CALL TRIAGE IF YOU NOTE ANY OF  
THE ABOVE**

Date and Time	Temperature	Colour of Water	Any Concerns

**IF YOU HAVE ANY CONCERNS PLEASE CALL  
TRIAGE WHO WILL ADVISE YOU. 01695 656604**

**During your contact with us, it is important that you are happy with your care and treatment. Please speak to a member of staff and/or the ward/department Sister/Charge Nurse if you have questions or concerns.**

## **MATRON**

A Matron is also available during the hours of 9am to 5pm Monday to Friday. During these periods, ward/department staff can contact Matron to arrange to meet with you. Out of hours, a Senior Nurse can be contacted via the ward/department to deal with any concerns you may have.

## **INFECTION CONTROL REQUEST**

Preventing infections is a crucial part of our patients' care. To ensure that our standards remain high our staff have regular infection prevention and control training and their practice is monitored in the workplace. We ask patients and visitors to assist us in preventing infections by cleaning their hands at regular intervals and informing staff of areas within the hospital that appear soiled.

As a patient there may be times that you are unsure whether a staff member has cleaned their hands; if in doubt please ask the staff member and they will be only too happy to put your mind at ease by cleaning their hands so that you can see them.

## **SPECIAL INSTRUCTIONS**

### **ANY CONDITION SPECIFIC DANGER SIGNALS TO LOOK OUT FOR:**

### **CONTACT INFORMATION IF YOU ARE WORRIED ABOUT YOUR CONDITION**

- Your own GP

### **OTHER USEFUL TELEPHONE NUMBERS/CONTACTS:**

NHS 111

Stop Smoking Helpline (Sefton) – 0300 100 1000

Stop Smoking Helpline (West Lancashire) – 0800 328 6297



**Please call 01704 704714 if you need  
this leaflet in an alternative format**

**Southport and Ormskirk Hospital NHS Trust**

Ormskirk & District General Hospital  
Wigan Road, Ormskirk, L39 2AZ  
Tel: (01695) 577111

Southport & Formby District General Hospital  
Town Lane, Kew, Southport, PR8 6PN  
Tel: (01704) 547471

**FOR APPOINTMENTS**

Telephone (01695) 656680  
Email [soh-tr.appointments@nhs.net](mailto:soh-tr.appointments@nhs.net)

Please remember to complete the **attached** *Friends and Family Test*.

Alternatively, you can complete the *Friends and Family Test* on-line by going to: [southportandormskirk.nhs.uk/FFT](https://southportandormskirk.nhs.uk/FFT)

**Thank you**

Author/Owner: Shirley Pennington  
Ref: 18/13  
Version: 1  
Produced: July 2021  
Review Date: July 2024