



Southport and  
Ormskirk Hospital  
NHS Trust

## **PATIENT INFORMATION**

# **Applying Eye Drops or Eye Ointment**

An integrated care organisation



1. Wash and dry hands.
2. If eyelids are crusty, use water that has been boiled and cooled, cotton wool or lint and GENTLY wipe lids from inner to outer corner.
3. Tilt head back and look up at ceiling.
4. Place a finger on cheek, just below the eye, and GENTLY pull the lower lid down to form a pocket between the eyeball and the lid.
5. Put a drop into the pocket without the dropper touching the lid, or squeeze approximately half an inch of ointment into the pocket.
6. Close your eyes briefly. Do not squeeze. Do not rub your eyes.
7. Blot any excess solution or ointment around your eye with a clean tissue.

## **CONTACT NUMBERS**

Southport – (01704) 705217

# NOTES

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**During your contact with us, it is important that you are happy with your care and treatment. Please speak to a member of staff and/or the ward/department Sister/Charge Nurse if you have any questions or concerns.**

## **MATRON**

A Matron is also available during the hours of 9.00 to 5.00 pm Monday to Friday. During these periods, ward/department staff can contact Matron to arrange to meet with you. Out of hours, a Senior Nurse can be contacted via the ward/department to deal with any concerns you may have.

## **INFECTION CONTROL REQUEST**

Preventing infections is a crucial part of our patients' care. To ensure that our standards remain high our staff have regular infection prevention and control training and their practice is monitored in the workplace. We ask patients and visitors to assist us in preventing infections by cleaning their hands at regular intervals and informing staff of areas within the hospital that appear soiled.

As a patient there may be times that you are unsure whether a staff member has cleaned their hands; if in doubt please ask the staff member and they will be only too happy to put your mind at ease by cleaning their hands so that you can see them.

## **SPECIAL INSTRUCTIONS**

Eye ointment will cause blurring of vision for a while after instillation.

## **ANY CONDITION SPECIFIC DANGER SIGNALS TO LOOK OUT FOR:**

## **CONTACT INFORMATION IF YOU ARE WORRIED ABOUT YOUR CONDITION**

Your own GP –

For advice – 01704 705217 Mon-Fri, 8.30am – 5.00pm

## **OTHER USEFUL TELEPHONE NUMBERS/CONTACTS:**

NHS 111

Stop Smoking Helpline (Sefton) - 0300 100 1000

Stop Smoking Helpline (West Lancashire) - 0800 328 6297

**Please call 01704 704714 if you need  
this leaflet in an alternative format**

**Southport and Ormskirk Hospital NHS Trust**

Ormskirk & District General Hospital  
Wigan Road, Ormskirk, L39 2AZ  
Tel: (01695) 577111

Southport & Formby District General Hospital  
Town Lane, Kew, Southport, PR8 6PN  
Tel: (01704) 547471

**FOR APPOINTMENTS**

Telephone (01695) 656680  
Email [soh-tr.appointments@nhs.net](mailto:soh-tr.appointments@nhs.net)

Please remember to complete the **attached** *Friends and Family Test*.

Alternatively, you can complete the *Friends and Family Test* on-line by going to: [southportandormskirk.nhs.uk/FFT](https://southportandormskirk.nhs.uk/FFT)

**Thank you**

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