



**Mersey and West Lancashire
Teaching Hospitals
NHS Trust**

PATIENT INFORMATION

Adenoidectomy Surgery

ADENOIDECTOMY SURGERY

Your name has been put on the waiting list for the above operation.

REASON FOR OPERATION

Improve airway space at the back of the nose.

SYMPTOMS

If the adenoid grows very large it can block the back of the nose causing mouth breathing, chronic infections, snoring and problems eating. It can also effect the ears by blocking the end of the Eustacian tube which allows air into the middle ear. This can cause regular earache.

PURPOSE OF THE OPERATION

To remove the adenoid tissue from the back of the nose (postnasal space) reducing the above symptoms.

PROCEDURE

The operation is performed through the mouth and usually takes about 10 minutes.

HOSPITAL STAY

You will need to have nothing to eat or drink at least 6 hours prior to attending the hospital for your operation. The operation is performed under general anaesthetic as a day

case procedure. You will need a responsible adult to take you home and stay with you overnight.

CONSENT

Written consent is usually taken when your name is placed on the waiting list for the operation. Alternatively it can also be taken at the pre-operative screening clinic or on the day of the surgery by the ENT surgeon.

RISKS

There is a risk of bleeding from the place where the adenoid is taken out. In the unlikely event that this should happen, you will be transferred to Aintree University Hospital, Fazakerley to be kept in overnight for observation on the ENT ward. In severe cases it may be necessary to return to theatre to stop the bleeding.

POST-OPERATIVE CARE

There may be a little blood stained discharge from the nose and/or mouth afterwards but this will quickly settle down. Post-operative pain is generally minimal and reduced by icy or cold foods. Mild pain killers can be taken if required. You will need to be off work or school for at least 10 days.

ALTERNATIVE NON-SURGICAL TREATMENT

The adenoids may become smaller naturally with the passage of time.

This patient information leaflet is intended to be used to support the discussion with the doctor during your clinical consultation. If there is anything you do not understand or

are unsure about, please ask the doctor at your appointment or contact staff on the numbers below.

Lynn Brown, ENT Nurse Practitioner
ENT Outpatients Department
Ormskirk & District General Hospital
(01695) 656885

Lynn Brown, ENT Nurse Practitioner
ENT Outpatients Department
Southport District General Hospital
(01704) 705227

Additional sources of information can be found online at:

www.entuk.org
www.nhs.uk

During your contact with us, it is important that you are happy with your care and treatment. Please speak to a member of staff and/or the ward/department Sister/Charge Nurse if you have questions or concerns.

MATRON

A Matron is also available during the hours of 9am to 5pm Monday to Friday. During these periods, ward/department staff can contact Matron to arrange to meet with you. Out of hours, a Senior Nurse can be contacted via the ward/department to deal with any concerns you may have.

INFECTION CONTROL REQUEST

Preventing infections is a crucial part of our patients' care. To ensure that our standards remain high our staff have regular infection prevention and control training and their practice is monitored in the workplace. We ask patients and visitors to assist us in preventing infections by cleaning their hands at regular intervals and informing staff of areas within the hospital that appear soiled.

As a patient there may be times that you are unsure whether a staff member has cleaned their hands; if in doubt please ask the staff member and they will be only too happy to put your mind at ease by cleaning their hands so that you can see them.

SPECIAL INSTRUCTIONS

ANY CONDITION SPECIFIC DANGER SIGNALS TO LOOK OUT FOR:

CONTACT INFORMATION IF YOU ARE WORRIED ABOUT YOUR CONDITION

- Your own GP
- Lynn Brown, ENT Nurse Practitioner
Ormskirk & District General Hospital
(01695) 656885
- Lynn Brown, ENT Nurse Practitioner
Southport District General Hospital
(01704) 705227

OTHER USEFUL TELEPHONE NUMBERS/CONTACTS:

www.entuk.org
www.nhs.uk

**Please call 01704 704714 if you need
this leaflet in an alternative format**

Southport and Ormskirk Hospital NHS Trust

Ormskirk & District General Hospital
Wigan Road, Ormskirk, L39 2AZ
Tel: (01695) 577111

Southport & Formby District General Hospital
Town Lane, Kew, Southport, PR8 6PN
Tel: (01704) 547471

FOR APPOINTMENTS

Telephone (01695) 656680
Email soh-tr.appointments@nhs.net

We would welcome your feedback about your experience
at Southport and Ormskirk Hospital NHS Trust.
Please access the Friends and Family Test at the following
link:
<https://www.southportandormskirk.nhs.uk/patients-and-visitors/fft/>

Thank you

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