

# **PATIENT INFORMATION**

# **Post Operative Information Following Eye Lid/Minor Eye Surgery**

**Children's Unit**



## **POST OPERATIVE INFORMATION FOLLOWING EYE LID/MINOR EYE SURGERY**

- Avoid touching or rubbing the eye lid.
- A firm double pad may be placed over your eye following the procedure. This may be removed four hours after surgery at which time you may bathe your child's eye.
- If your consultant wishes the eye pad to remain on for a longer period, you will be informed.
- Do not wear any make-up for two weeks.
- Take care in washing your face.
- Avoid getting water and soap in the wound for two weeks.
- If your child has any discomfort, give paracetamol or ibuprofen. Always take care to follow the manufacturer's instructions.
- Bruising and swelling may take up to two weeks to settle.
- If your child has sutures that are not dissolvable, you will be given an appointment for removal within one week. This will be given to you before discharge from the ward.
- If prescribed eye drops/ointment, instill as instructed.

## **APPLYING EYE OINTMENT**

- Always wash your hands before procedure.
- If the eyelids are crusty, use cooled boiled water, cotton wool or gauge swab and gently wipe lids from inner to outer corner. Squeeze the ointment onto the stitches or use clean finger and gently dab the ointment onto the sutures.
- Tilt your child's head back and encourage to look up at ceiling.
- Place a fingertip on the cheek, just below the eye and **gently** pull the lower lid down to form a pocket between the eyeball and the lid, squeeze about half an inch of ointment into the pocket.

- Encourage your child to close their eyes briefly, do not squeeze, and do not rub eyes.
- Blot any excess ointment round the eye with clean tissue.

**IF YOU HAVE ANY QUERIES, PLEASE RING THE EYE  
UNIT**

**Monday to Friday 8.30 am to 5.00 pm  
(01704) 705217**

**Outside these hours**

**Contact Children's Accident & Emergency Department,  
Ormskirk Hospital**

# NOTES

**During your contact with us, it is important that you are happy with your care and treatment. Please speak to a member of staff and/or the ward/department Sister/Charge Nurse if you have any questions or concerns.**

## **MATRON**

A Matron is also available during the hours of 9.00 to 5.00 pm Monday to Friday. During these periods, ward/department staff can contact Matron to arrange to meet with you. Out of hours, a Senior Nurse can be contacted via the ward/department to deal with any concerns you may have.

## **INFECTION CONTROL REQUEST**

Preventing infections is a crucial part of our patients' care. To ensure that our standards remain high our staff have regular infection prevention and control training and their practice is monitored in the workplace. We ask patients and visitors to assist us in preventing infections by cleaning their hands at regular intervals and informing staff of areas within the hospital that appear soiled.

As a patient there may be times that you are unsure whether a staff member has cleaned their hands; if in doubt please ask the staff member and they will be only too happy to put your mind at ease by cleaning their hands so that you can see them.

## **SPECIAL INSTRUCTIONS**

### **ANY CONDITION SPECIFIC DANGER SIGNALS TO LOOK OUT FOR:**

Worsening eye pain, please contact:

Eye Unit, Mon – Fri, 8.30 am – 5 pm, 01704 705217

OR

Present to: Children's A&E, Ormskirk DGH

Children's A&E, Alder Hey Children's Hospital

### **CONTACT INFORMATION IF YOU ARE WORRIED ABOUT YOUR CONDITION**

Your own GP –

Children's A&E, ODGH – 01695 656674

Children's Ward, ODGH – 01695 656912

### **OTHER USEFUL TELEPHONE NUMBERS/CONTACTS:**

NHS 111

Stop Smoking Helpline (Sefton) - 0300 100 1000

Stop Smoking Helpline (West Lancashire) - 0800 328 6297

**Please call 01704 704714 if you need  
this leaflet in an alternative format**

**Southport and Ormskirk Hospital NHS Trust**

Ormskirk & District General Hospital  
Wigan Road, Ormskirk, L39 2AZ  
Tel: (01695) 577111

Southport & Formby District General Hospital  
Town Lane, Kew, Southport, PR8 6PN  
Tel: (01704) 547471

**FOR APPOINTMENTS**

Telephone (01695) 656680  
Email [soh-tr.appointments@nhs.net](mailto:soh-tr.appointments@nhs.net)

Please remember to complete the **attached Friends and Family Test**.

Alternatively, you can complete the *Friends and Family Test* on-line by going to: [southportandormskirk.nhs.uk/FFT](http://southportandormskirk.nhs.uk/FFT)  
**Thank you**

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