

# **PATIENT INFORMATION**

## **Ultrasound Scan**

**Children's Unit**



## **WHAT IS AN ULTRASOUND SCAN?**

This test uses ultrasound to look at soft tissue structures such as internal organs.

It can look at the kidneys, bladder, liver, gallbladder, pancreas and spleen and in babies, the brain and hip joints.

Jelly is put on the appropriate area of the skin and a probe is moved over it. Like the ones used for pregnancy scans. The jelly may feel cold but the procedure is painless and non-invasive. No sedation or anaesthetic is required.

## **WHERE IS IT DONE?**

In the x-ray department at Ormskirk Hospital. The procedure is relatively quick usually lasting less than 15 minutes.

## **IS THE PROCEDURE SAFE?**

There are no known risks of ultrasound and it is used to help your doctor make a diagnosis. Some scans require a full bladder, whilst some may need an empty stomach, requiring nothing to eat or drink a few hours previous. Individual advice for preparation will be made available to you.

## **HOW WILL YOU FIND OUT THE RESULTS?**

If the scan is done as an inpatient, the results may be available during your hospital stay.

If the request has been made from clinic, the results will be available at a later date and discussed during your next outpatient appointment.

No follow-up care is needed following an ultrasound scan.

Normal activities can continue as before.

Help us to help you by attending the follow-up appointments at the hospital clinics on the date and at the time shown on your appointment card/letter. If for any reason, you are unable to attend, please let us know.

This patient information leaflet is intended to be used to support discussion during your clinical consultation. If there is anything you do not understand or are unsure about, please ask the doctor at your appointment.

Children's Unit  
(01695) 656912/656612

## NOTES

**During your contact with us, it is important that you are happy with your care and treatment. Please speak to a member of staff and/or the ward/department Sister/Charge Nurse if you have any questions or concerns.**

## **MATRON**

A Matron is also available during the hours of 9.00 to 5.00 pm Monday to Friday. During these periods, ward/department staff can contact Matron to arrange to meet with you. Out of hours, a Senior Nurse can be contacted via the ward/department to deal with any concerns you may have.

## **INFECTION CONTROL REQUEST**

Preventing infections is a crucial part of our patients' care. To ensure that our standards remain high our staff have regular infection prevention and control training and their practice is monitored in the workplace. We ask patients and visitors to assist us in preventing infections by cleaning their hands at regular intervals and informing staff of areas within the hospital that appear soiled.

As a patient there may be times that you are unsure whether a staff member has cleaned their hands; if in doubt please ask the staff member and they will be only too happy to put your mind at ease by cleaning their hands so that you can see them.

## **SPECIAL INSTRUCTIONS**

No follow up care is needed following your ultrasound scan. You can continue with normal activities. Please attend your follow up appointments at the hospital and please let us know if, for any reason, you cannot attend.

## **ANY CONDITION SPECIFIC DANGER SIGNALS TO LOOK OUT FOR:**

There are none

## **CONTACT INFORMATION IF YOU ARE WORRIED ABOUT YOUR CONDITION**

Your own GP –

Alternatively, contact the Children's ward - 01695 656612

## **OTHER USEFUL TELEPHONE NUMBERS/CONTACTS:**

NHS 111

Stop Smoking Helpline (Sefton) - 0300 100 1000

Stop Smoking Helpline (West Lancashire) - 0800 328 6297

**Please call 01704 704714 if you need this leaflet in an alternative format**

**Southport and Ormskirk Hospital NHS Trust**

Ormskirk & District General Hospital  
Wigan Road, Ormskirk, L39 2AZ  
Tel: (01695) 577111

Southport & Formby District General Hospital  
Town Lane, Kew, Southport, PR8 6PN  
Tel: (01704) 547471

**FOR APPOINTMENTS**

Telephone (01695) 656680  
Email [soh-tr.appointments@nhs.net](mailto:soh-tr.appointments@nhs.net)

Please remember to complete the **attached Friends and Family Test**.  
Alternatively, you can complete the *Friends and Family Test* on-line by going to: [southportandormskirk.nhs.uk/FFT](http://southportandormskirk.nhs.uk/FFT)  
**Thank you**

Author: Lynne Eastham  
Ref: 443  
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