

Local Treatment Room Contact Details

(For removal of sutures or change of dressings)

Sefton

- Ainsdale Centre for Health and Wellbeing – 01704 387130
- Southport Centre for Health and Wellbeing – 01704 385102
- Churchtown Medical Centre – 01704 212823
- Formby Clinic – 01704 8312

West Lancashire

- Sandy Lane – 01695 588565/588564
- Ashurst and Hillside – 01695 588480
- Birleywood – 01695 724301
- Hants Lane – 01695 588340
- Burscough – 01695 588440
- Burscough and Parbold – 01704 895917
- Tarleton – 01772 777741
- Maghull District Nurses – 0151 531 8118
- Whiston Liaison (Kirkby) – 0151 244 3532
- Knowsley – GP patient only – 0151 290 2030

Southport & Formby Hospital
Town Lane, Kew,
Southport, Merseyside,
PR8 6PN
Telephone: 0151 426 1600

Ormskirk Hospital Dicconson Way,
Wigan Road,
Ormskirk, Lancashire, L39 2AZ
Telephone: 01695 577 111

www.MerseyWestLancs.co.uk

Surgery for the Removal of a Skin Lesion

If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کنند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

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Surgery For The Removal Of A Lesion On The Skin

Your name has been put on the waiting list for the above operation.

Reason For Operation

Removal and diagnosis of skin lesion.

Symptoms

Skin lesions are basically a patch of skin or a superficial growth that looks different from the surrounding areas of the skin. There are primary as well as secondary skin lesions.

Common types of secondary lesions involve the formation of ulcers on the skin, erosion of a primary lesion, lichenification or atrophy, crust formation, scars and keloids.

Skin lesions will usually have been assessed by Dermatology prior to you attending the ENT outpatients to meet with a surgeon.

Purpose Of The Operation

- To remove the lesion from the skin and send the sample (biopsy) to be tested by Pathology to ascertain the exact nature of the lesion.
- To prevent further damage to the skin caused by the possible growth of the lesion.

Alternative Non-Surgical Treatment

Alternative treatments should have been discussed with you in dermatology if these are available for your particular case.

This patient information leaflet is intended to be used to support the discussion with the doctor during your clinical consultation. If there is anything you do not understand or are unsure about, please ask the doctor at your appointment or contact staff on the numbers below.

ENT Outpatients Department
Ormskirk & District General Hospital
(01695) 656885

ENT Outpatients Department
Southport District General Hospital
(01704) 705227

Additional sources of information can be found online at:

www.entuk.org
www.nhs.uk

Post-Operative Care

There may be soreness around the operation site after the anaesthetic has worn off this can be alleviated using a mild pain killer such as Paracetamol. The majority of people feel fine to return to their normal activities or work either the same or the following day.

It is necessary to keep the operation site dry until the sutures are removed. Sutures generally need to remain in place for between 7 to 14 days.

You will be asked to attend an ENT outpatient appointment to have these removed or alternatively will be advised to have your doctors practice nurse remove them.

The removal of sutures is a quick and painless procedure. If a graft has been put in place the pressure dressing will be removed at this time by the nurse.

You will be advised if any further action should be taken in the care of the wound or treatment needs to be used at that point.

Follow Up

It is usual practice for a specimen from the operation to be sent to the Pathology Department for analysis. Results are generally available in 3 to 6 weeks for routine work, earlier for urgent cases. You should expect to hear from us within 12 weeks of your procedure for a further appointment to discuss the results of your biopsy.

Procedure

The procedure is performed under local anaesthetic so you will be awake and alert throughout. There is no need to stop eating or drinking. The anaesthetic injection may be slightly uncomfortable but once the injection is over, the procedure should be completely pain free. The procedure should last around 30 minutes.

At the end of the procedure, depending on the size of the incision, the surgeon will close the skin using sutures usually made of nylon. It is sometimes not possible to manipulate the skin enough to cover the area, in this case a graft may have to be taken from another area often the neck.

This option will have been discussed with you by the surgeon prior to the procedure. A pressure dressing is sutured over the graft to prevent a blood clot forming (haematoma) and to encourage the graft to take. You must NOT remove this dressing yourself. A dry dressing may be placed over the wound.

Hospital Stay

If you are taking any blood thinning (anticoagulant) medications such as:

- **Aspirin**
- **Warfarin**
- **Clopidogrel**

You may be asked by the doctor to stop the medication prior to your admission. This is to reduce the amount of bleeding following surgery. If asked to do so you should stop your medication _____ days prior to your admission.

You can go back to taking this following the procedure.

The surgeon will attend the treatment centre to meet with you. If you have any questions you are free to ask the staff these prior to going to theatre. If you have changed your mind about the procedure you must speak to the surgeon about your reservations.

Please inform the staff of any allergies.

The operation is performed under a local anaesthetic as a day case procedure. It is recommended that you do not drive yourself home after the procedure and that someone accompanies you if possible.

Consent

Written consent is usually taken when your name is placed on the waiting list for the operation. Alternatively it can also be taken at the pre-operative screening clinic or on the day of the surgery by the ENT surgeon.

Risks

Complications are rare but there is a risk of bleeding and some unavoidable bruising around the operation site following the procedure. Normally this fades gradually over a period of 1 to 3 weeks.

Infection may develop in a part of the wound. This would cause redness, swelling, high temperature or discomfort. If this occurs, you are advised to contact your GP who will give you appropriate advice and treatment. It is possible scarring may occur.