



Southport and
Ormskirk Hospital
NHS Trust

ADVICE FOR PARENTS

Thumb/Toe Spica

Paediatric A&E

The Elastoplast bandage applied to your/your child's thumb/toe to treat your/their injury, **MUST** be kept dry at all times.

This is because if the bandage becomes wet, it will shrink and cause problems with your/their circulation.

- If the bandage does become wet, remove immediately.
- Elevate the affected limb to help reduce swelling.
- Take a painkiller such as Paracetamol and/or Ibuprofen (both available from a chemist or supermarket).
- Ensure the thumb/toe is pink and warm.
- Remove the plaster if the thumb/toe becomes numb, blue, very cold and/or the bandage becomes tighter.
- Wear for the amount of time recommended by the Doctor.

A&E Telephone: 01695 656674
NHS 111

Please retain this leaflet for future reference

**Please call 01704 704714 if you need
this leaflet in an alternative format**

Southport and Ormskirk Hospital NHS Trust

Ormskirk & District General Hospital
Wigan Road, Ormskirk, L39 2AZ
Tel: (01695) 577111

Southport & Formby District General Hospital
Town Lane, Kew, Southport, PR8 6PN
Tel: (01704) 547471

FOR APPOINTMENTS

Telephone (01695) 656680
Email soh-tr.appointments@nhs.net

Please remember to complete the **attached** *Friends and Family Test*.

Alternatively, you can complete the *Friends and Family Test* on-line by going to: southportandormskirk.nhs.uk/FFT

Thank you

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