

ADVICE FOR PARENTS

Pain Relief

Paediatric A&E

If your child is in pain or has a fever, we recommend that you give them medicines such as Paracetamol (Calpol or Disprol) or Ibuprofen (Calprofen and Nurofen). These are available from chemists.

Do not give both together – use one or the other. Check results and if no improvement, give the other.

DOSAGES:

Ibuprofen

<6 months	on doctor's advice only
6 months – 1 yr	2.5ml three times daily
1 – 3 years	5ml three times daily
4 – 6 years	7.5ml three times daily
7 – 9 years	10ml three times daily
10 – 12 years	15ml three times daily
12 years +	10 – 20ml three times daily

Paracetamol

3 – 6 months	60mg every 4 – 6 hrs
6 months – 1 yr	120mg every 4 – 6 hrs
2 – 3 years	180mg every 4 – 6 hrs
4 – 5 years	240mg every 4 – 6 hrs
6 – 7 years	240 – 250mg every 4 – 6 hrs
8 – 9 years	360 – 375mg every 4 – 6 hrs
10 – 11 years	480 – 500mg every 4 – 6 hrs
12 years +	480 – 750mg every 4 – 6 hrs

(all maximum of 4 doses in 24 hrs)

PLEASE REMEMBER:

Do not give Aspirin or any medications that contain it to children under 12 years old.

These doses are minimal doses. Your child may be prescribed a different dosage if they have been weighed.

IF YOU ARE NOT SURE ABOUT ANY DOSES, ASK YOUR CHEMIST.

**A&E Telephone: 01695 656674
NHS 111**

Please retain this leaflet for future reference

**Please call 01704 704714 if you need
this leaflet in an alternative format**

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Please remember to complete the **attached Friends and Family Test**.

Alternatively, you can complete the *Friends and Family Test* on-line by going to: southportandormskirk.nhs.uk/FFT
Thank you

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Paediatric A&E Advice Card 10

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