



Southport and
Ormskirk Hospital
NHS Trust

ADVICE FOR PARENTS

Febrile Convulsions

Paediatric A&E

Doctors use the term febrile to define a body temperature of 38 degrees C or above. Febrile convulsions are common in children between the ages of six months and six years. They are generally tonic-clonic seizures/fits, but may, less commonly, be partial seizures. They are usually linked to a childhood illness such as tonsillitis, or teething, which cause a rise in temperature.

It does not mean your child has epilepsy, but a child who has had febrile convulsions has a slightly higher chance of developing epilepsy than children in general.

If in the future your child has a high temperature or flushing or sweating:

- ✓ Give your child medicine (if they can swallow) such as Paracetamol or Ibuprofen, to bring their temperature down.
- ✓ Take your child's clothes off to cool them down, but if they still wear nappies, you can keep one on to stop any accidents.

If you are concerned your child may have a high temperature, get in touch with your GP or phone us on 01695 656674 or NHS111.

You should not:

- X Cool your child too quickly.

If your child starts to have a seizure – otherwise known as a “fit”, you should:

- ✓ Phone 999 for an ambulance to bring your child to hospital.
- ✓ Put your child on their side or in another safe position and stay with them.

You should not:

- X Try to take your child to hospital yourself.

A&E Telephone: 01695 656674

NHS 111

Please retain this leaflet for future reference

**Please call 01704 704714 if you need
this leaflet in an alternative format**

Southport and Ormskirk Hospital NHS Trust

Ormskirk & District General Hospital
Wigan Road, Ormskirk, L39 2AZ
Tel: (01695) 577111

Southport & Formby District General Hospital
Town Lane, Kew, Southport, PR8 6PN
Tel: (01704) 547471

FOR APPOINTMENTS

Telephone (01695) 656680
Email soh-tr.appointments@nhs.net

Please remember to complete the **attached** *Friends and Family Test*.

Alternatively, you can complete the *Friends and Family Test* on-line by going to:

southportandormskirk.nhs.uk/FFT

Thank you

Owner: Alison Barben
Ref: 10/68
Paediatric A&E Advice Card 8
Version: 2
Reviewed: February 2022
Next Review: February 2025