

ADVICE FOR PARENTS

Catching a Urine Sample

Paediatric A&E

Overview of a Urinalysis

You have been asked for a urine sample from your child. This test may have been ordered as routine, upon hospital admission, and/or if the doctor that reviewed you is checking for something specific. However, handling the urine specimen is very important. Urine that is stored too long or stored improperly before testing is not considered viable. You need to ensure that you are storing the sample correctly.

Collecting the Urine Sample

You can collect a urine sample at any time of the day, unless the doctor or other health professionals advises you otherwise.

To collect a clean urine sample, please ensure you carry out the following:

- Ensure that the label on the container has the correct details - name, date of birth and the date/time the urine was obtained.
- Please ensure that you have washed your hands and the area of your child is clean.
- Allow your child to start to urinate and collect a sample of urine "mid-stream" in a sterile screw-top container.
- screw the lid of the container shut.
- wash your hands thoroughly.
- **AND..... Follow the Storage Procedure advice BELOW.**

Storage Procedures

It is **IMPORTANT** that you store the urine sample correctly in order for true results to be obtained. If not handled correctly, contamination can often occur. We advise you to carry out the following storage procedure in order for correct results to be obtained:

- Refrigerate the urine sample or put the sample on ice in a sealed plastic bag, until you are able to get the urine sample to the correct/suggested place, this could be either your GP or back to the hospital that requested the sample. This is especially important if the urinalysis cannot be performed immediately. Urine that cannot be tested within a short time frame should be preserved to reduce microbial growth that can result in contamination of the specimen.

If you have any further concerns, please contact staff on the following number 01695656393.

**A&E Telephone: 01695 656674
NHS 111**

Please retain this leaflet for future reference

**Please call 01704 704714 if you need
this leaflet in an alternative format**

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Please remember to complete the **attached Friends and Family Test**.

Alternatively, you can complete the *Friends and Family Test* on-line by going to: southportandormskirk.nhs.uk/FFT
Thank you

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