



Southport and  
Ormskirk Hospital  
NHS Trust

# **ADVICE FOR PARENTS**

## **Backslab**

Paediatric A&E

Your backslab will take 36 hours to dry properly. During this time, please remember:

## **ARMS**

- ✓ Keep your arm elevated for first 24-36 hours; either in a sling or supported on pillows. You are not allowed to go to sleep wearing a sling. (Do not wear sling for bed).
- ✓ Ensure fingers are pink and warm.
- ✓ Ensure your child can wriggle their fingers and can feel someone touching them.
- ✓ Keep it dry.

## **LEGS**

- ✓ Do not walk on backslab.
- ✓ Keep it dry, away from water.
- ✓ Ensure child can wriggle their toes and can feel someone touching them.
- ✓ Ensure toes are pink and warm.

## **BRING YOUR CHILD BACK TO ACCIDENT & EMERGENCY IF:**

- Their fingers/toes become numb, blue, very cold or swollen and they do not get better even if you keep them raised.
- The plaster is uncomfortable or is hurting you because it is too tight, too loose or is rubbing.
- The plaster becomes soft or cracks.

**A&E Telephone: 01695 656674**  
**NHS 111**

*Please retain this leaflet for future reference*

**Please call 01704 704714 if you need  
this leaflet in an alternative format**

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We would welcome your feedback about your experience  
at Southport and Ormskirk Hospital NHS Trust.  
Please access the Friends and Family Test at the following  
link:

[https://www.southportandormskirk.nhs.uk/patients-and-  
visitors/fft/](https://www.southportandormskirk.nhs.uk/patients-and-visitors/fft/)

**Thank you**

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