

ADVICE FOR PARENTS

Backslab

Paediatric A&E

Your backslab will take 36 hours to dry properly. During this time, please remember:

ARMS

- ✓ Keep your arm elevated for first 24-36 hours; either in a sling or supported on pillows. You are not allowed to go to sleep wearing a sling. (Do not wear sling for bed).
- ✓ Ensure fingers are pink and warm.
- ✓ Ensure your child can wriggle their fingers and can feel someone touching them.
- ✓ Keep it dry.

LEGS

- ✓ Do not walk on backslab.
- ✓ Keep it dry, away from water.
- ✓ Ensure child can wriggle their toes and can feel someone touching them.
- ✓ Ensure toes are pink and warm.

BRING YOUR CHILD BACK TO ACCIDENT & EMERGENCY IF:

- Their fingers/toes become numb, blue, very cold or swollen and they do not get better even if you keep them raised.
- The plaster is uncomfortable or is hurting you because it is too tight, too loose or is rubbing.
- The plaster becomes soft or cracks.

**A&E Telephone: 01695 656674
NHS 111**

Please retain this leaflet for future reference

**Please call 01704 704714 if you need
this leaflet in an alternative format**

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We would welcome your feedback about your experience
at Southport and Ormskirk Hospital NHS Trust.
Please access the Friends and Family Test at the following
link:

<https://www.southportandormskirk.nhs.uk/patients-and-visitors/fft/>

Thank you

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Paediatric Advice Card 2

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