

# Suspected Broken Nose Accident & Emergency Department

If you need this leaflet in a different language or accessible format  
please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترسی‌بذرگ‌دارید،  
لطفاً با یک از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,  
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,  
vă rog să discutați cu un membru al personalului să se ocupe  
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式, 请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق  
يسهل الوصول إليها، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Southport & Formby Hospital  
Town Lane, Kew,  
Southport, Merseyside,  
PR8 6PN  
Telephone: 0151 426 1600

Ormskirk Hospital  
Dicconson Way, Wigan Road,  
Ormskirk, Lancashire, L39 2AZ  
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**It is important that you report any new or persistent problems to your GP, local A&E or Walk in Centre, since it is often impossible to recognise and treat all elements of injury or illness in a single visit. Meanwhile, follow the instructions below as indicated for you.**

Nose injuries can be painful therefore we recommend patients take regular pain relief. Bruising can spread widely in the face, even from a single blow on the nose. Bleeding from the nose can be normal especially when you have sustained direct trauma, if the bleeding is persistent or heavy seek urgent medical advice.

Headache, dizziness, nausea and poor concentration often accompany injuries about the head.

You may often experience the nose feeling blocked like with a sinus cold. Breathing may be affected by swelling or bruising inside the nose, this may need treatment separately from any cosmetic consideration about the shape of the nose.

If the nose appears deformed (either over to one side or flattened), the nose bones may be broken. It is difficult to see the eventual shape of the nose for the first few days. The underlying shape of the nose may be obscured by swelling and bruising.

**Children** have little bone in the nose; their noses are mainly cartilage (gristle), so a broken nose in a child is very unlikely.

## **Treatment**

A new injury will not be assessed immediately as to its shape. X-rays are not generally taken for a suspected broken nose. The decision on whether or not treatment is needed is taken by looking at the shape of the nose. If your nose is crooked, then it will be straightened in the ENT Clinic.

You should return five days after injury if you are unhappy about the shape of your nose. Any decision about an operation will be made a few days after the injury to allow swelling to go down.

If your nose is deformed, you will be referred to the next ENT clinic to discuss possible operative correction with an ENT Surgeon. If an operation to correct the shape is needed, it should be performed within about ten days. Manipulations of the nose are generally not done after 10 days and may require surgical intervention.

Other instructions \_\_\_\_\_

If you are at all concerned, please contact:

**A&E Department**  
**Telephone: 01704 704437 (Nurses' Station)**  
**NHS 111**

*Please retain this leaflet for future reference*