

# Insect Bites

## Accident & Emergency Department

If you need this leaflet in a different language or accessible format  
please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترسی‌پذیر نیاز دارید،  
لطفاً با یک از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,  
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,  
vă rog să discutați cu un membru al personalului să se ocupe  
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式, 请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق  
يسهل الوصول إليها، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Southport & Formby Hospital  
Town Lane, Kew,  
Southport, Merseyside,  
PR8 6PN  
Telephone: 0151 426 1600

Ormskirk Hospital  
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Author: Emergency Nurse Practitioner  
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Document Number: 416  
Version: 5.1  
Review Date: 31 /10 / 2026

**It is important that you report any new or persistent problems to your GP, local A&E or Walk in Centre, since it is often impossible to recognise and treat all elements of injury or illness in a single visit. Meanwhile, follow the instructions below as indicated for you.**

Most insect bites will not require hospital intervention and can be treated safely at home with over the counter medicines. They can be painful, irritating and sometimes blister, usually they are not serious. The department does not normally treat simple bites with any form of medication. There are some occasions when insect bites may become infected and subsequently leave people feeling unwell. Common symptoms of an infected bite include feeling feverish, shaking, nausea and tracking redness from the site of the bite.

If you are concerned that a bite has become infected or you feel unwell urgent medical attention should be sought.

## **Treatment**

- Calamine lotion to soothe the skin. Antiseptics are not always necessary.
- Antihistamine tablets to relieve itching. Piriton is best for itching and redness, beware piriton can cause drowsiness so caution should be taken. The Pharmacist will be able to give advice on non-drowsy anti-histamines if people have an adverse reaction to piriton.
- It can be bought from any pharmacy without a prescription.
- Cover any blisters with a clean dressing.

**No other treatment should be necessary. If in doubt, consult your own GP.**

**Other instructions** \_\_\_\_\_

If you are at all concerned, please contact:

**A&E Department  
Telephone: 01704 704437 (Nurses' Station)**

**NHS 111**