

## Ready for discharge?

Pharmacy will use the medicine in your locker to dispense your discharge prescription.

Please remember to return the medicine locker key when you are ready to go home.

## Remember

Medicines can be dangerous if not used properly

Do not exceed the stated dose

These medicines are prescribed specifically for you, do not give them to anyone else.

Southport Hospital  
Town Lane, Kew, Southport,  
Merseyside, PR8 6PN  
Telephone: 01704 547 471

Ormskirk Hospital  
Dicconson Way, Wigan Road,  
Ormskirk, Lancashire, L39 2AZ  
Telephone: 01695 577 111

Whiston Hospital  
Warrington Road,  
Prescot, Merseyside, L35 5DR  
Telephone: 0151 426 1600

St Helens Hospital  
Marshalls Cross Road,  
St Helens, Merseyside, WA9 3DA  
Telephone: 01744 26633



**Mersey and West Lancashire  
Teaching Hospitals**  
NHS Trust

# Self-administration of medicines

## Patient information leaflet

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

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## What is self-administration?

Self-administration allows you to administer your own medicines whilst in hospital, rather than being given it by a nurse.

## Why should I self-administer my medicines?

Administering your own medication gives you greater responsibility for your own care. It will help you to increase your knowledge of your medicines and you can take your medication at the right time for you.

If changes are made to the medication you use, or the dose, you will be informed immediately, so you can get used to the changes before you go home.

## What happens now?

If you wish to self-administer your medicines the nurse will go through some questions and ask you to sign a consent form.

## How to self-administer?

- After an initial period of supervision, you will be given a key to the individual medicine locker by your bed. You must keep your medicines in the locker and keep the key in a safe place. (If a key is not available the nurse will open the medication locker when you are due to take your medicines or when you press the call bell).
- Your own medication will be used if possible, but some may need to be obtained from the hospital pharmacy. Inform the nurse if you need a further supply.
- Some medication may still need to be given to you by the nurse, for example pain killers, injections and new medication that may not be permanent.
- Tell your nurse immediately if you make a mistake or miss a dose.

## What if I need help?

- A carer can assist the nurse in administering your medication if they are responsible for doing so at home.
  - A carer of a child can administer medication if they are responsible for doing so at home, have consent to do so from the child's legal guardian and are assessed as competent by the nurse.
  - If you are in doubt about how or when to administer your medicines check with your nurse or pharmacist.
  - A medicines reminder chart can be completed to help you remember the names and times of your medicines and any special instructions.
  - If you feel too unwell to manage your own medication inform the nurse immediately.
  - You can withdraw from the scheme at any time, just inform the nurse.
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