

Top tips for the day

- Bring a favourite soft toy, or blanket.
- Wear comfy clothes (no zips or metal).
- Ask lots of questions – we love to answer them.
- Try to stay still like a statue.



Scan to watch Teddy's MRI journey



The MRI team look forward to meeting you

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MRI information for children & parents/legal guardians

Patient information leaflet

If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

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What is a Magnetic Resonance Imaging (MRI) scan?

It is a special scan that helps doctors look inside your body. It uses a big magnet, radio waves and a computer to take clear pictures of your insides. Good news:

- It is safe.
- It does not hurt.

Why do I need an MRI scan?

Your doctor has asked for an MRI scan to help find out what is happening inside your body. It helps them check:

- Your head or brain.
- Your back or spine.
- Your tummy or other parts of your body.

The pictures help doctors understand what care or treatment you may need.



Can my parent stay with me?

Yes, your parent or guardian can usually stay with you. They will need to wear special headphones like you.



Does it hurt?

No, it does not hurt, but the machine is noisy and you must lie still, which can feel a bit boring. Some children find it helps to think about their favourite story or song.

What happens during the scan?

Arriving at the hospital - You and your parent or guardian will come to the MRI department. A radiographer will explain what will happen and will ask you a few questions.

Changing clothes - You may need to change into a hospital gown and take off anything metal, like jewellery, hair clips or watches.

The MRI room - The MRI machine looks like a big, open tunnel. You will lie down on a bed and the bed will move inside the tunnel.

Staying still - It is very important to stay still so the pictures are clear. You can close your eyes, relax, or even listen to music through headphones.

The noises - The MRI machine makes loud knocking or banging sounds - that is normal. You will wear headphones or earplugs to protect your ears.

How long does it take? - The scan usually takes about 20 to 40 minutes, but it depends on what part of your body is being scanned.

Do I need an injection?

Sometimes, a special liquid called contrast dye is given through a small injection. This helps make the pictures clearer.

The radiographer will explain if you need this and they will be very gentle.

If you do have the special dye we recommend you have water, squash or juice to help the dye leave your body more quickly.