

Nuclear medicine information for children and parents/legal guardians

Patient information leaflet

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If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

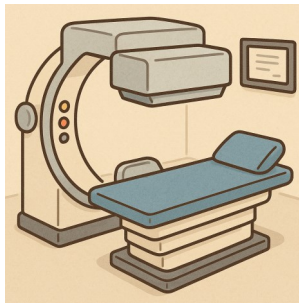
What is a nuclear medicine scan?

A nuclear medicine scan is a special test that helps doctors look inside your body, to see how things are working. It uses a tiny amount of a special medicine called a tracer, which gives off a small amount of energy. A special camera takes pictures of the tracer moving through your body. The amount of medicine used is very small and safe. It helps doctors learn more about your bones, organs or other body parts.

Why do I need this scan?

Your doctor has asked for this scan to help:

- Look at your bones, kidneys, heart or other body parts
- See how your body is working
- Find out what treatment you might need.



Notes

Notes

Can my parent stay with me?

Yes, your parent or legal guardian can stay with you during the scan.



Top tips for the day

- Bring a favourite toy, blanket, or book
- Wear comfy clothes
- Ask lots of questions – we love to answer them.
- Try to stay still like a statue.



Before visiting the nuclear medicine department

You will pay a visit to the kind nurses and doctors on a the Children's Observation Ward (CHOBS). They will put a tiny straw called a cannula into your hand or arm, so the Radiographers can give you the tracer.

Does it hurt?

The only part that might hurt is the small injection, but it is very quick. The camera taking pictures does not hurt at all.

What happens during the scan?

Arriving at the hospital - you and your parent or legal guardian will come to the nuclear medicine department. A Radiographer will explain what will happen.

The special medicine (tracer) - you will have a small injection, usually in your arm or hand. The medicine travels through your body to show how things are working.

Waiting time - sometimes, you may need to wait for the medicine to move around your body. You can relax, read, or play during this time.

The camera pictures - you will lie on a special bed. The camera will take pictures of your body, it may move around you, but it will not touch you.

Staying still - it is important to stay very still during the pictures, like a statue, so they are nice and clear.



Caring for your child after a nuclear medicine scan

Drinking fluids

- Give your child plenty to drink (water, squash, juice) to help the tracer leave their body more quickly.
- Regular toilet trips are a good thing.

If you require any further information please do not hesitate to contact the nuclear medicine department on 0151 430 1550.

