

If you have any worries at all about your surgery please phone the ward that you had your surgery on:

Sanderson Suite	01744 646 098
Whiston Ward 4B	0151 430 1637
Southport	01704 705 227
Ormskirk	01695 656 885

Please do not return to the ward before seeking advice from a member of nursing staff.

Manipulation Under Anaesthetic (MUA) of Nasal Bones

Patient information leaflet

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600

St Helens Hospital
Marshalls Cross Road,
St Helens, Merseyside, WA9 3DA
Telephone: 01744 26633

Southport Hospital
Town Lane, Kew,
Southport, Merseyside,
PR8 6PN
Telephone: 01704 547 471

Ormskirk Hospital
Dicconson Way, Wigan Road,
Ormskirk, Lancashire, L39 2AZ
Telephone: 01695 577 111

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

What is the indication for this procedure

Trauma to your nose can cause a fracture (break) of the nasal bones shifting them out of their original position. This can result in a visually deformed nose 'bent nose' and varying degrees of nasal blockage.

What are the benefits of the procedure?

Nasal bony fracture Cartilage The aim is to re-align the bridge of your nose to be as straight as possible.

What are the risks of the procedure?

1. Altered appearance This means that after injury and manipulation, we cannot guarantee your nose will ever look as it did before the injury. We aim to achieve a straight nose. Even the most careful manipulation cannot guarantee the appearance of the nose and you might still be unhappy with how it looks. This is more likely if you have had previous trauma or surgery to your nose.
2. Failure For some patients, we are unable to move and straighten the bridge of the nose. This can be because some people heal up much faster than others, or because someone has had a previous injury or surgery to their nose, making the underlying structures more scarred and tough.
3. Bleeding There is a small risk of bleeding but only rarely will it require further dressings to be put into your nose. If you bled at the time of breaking your nose, you may well bleed again with the procedure.
4. Bruising around the eyes This will settle with time. If you had bruising around your eyes at the time of the injury, occasionally it can happen again with the procedure.

What is nasal manipulation under anaesthesia?

The procedure is most often done under local anaesthetic but can also be done under general anaesthetic. Under local anaesthetic we will inject around and sometimes inside your nose to numb it. The nose is then pushed to slip it back to its original position.

What can I expect after the procedure?

- After your procedure your nose might feel sore; you take simple painkillers if needed. Always read the advice label.
- There may be a splint placed on your nose after the procedure. You will be advised when to take this off, but some splints are on for 7 to 10 days.
- There might be small amounts of blood stained nasal discharge for up to 10 days.
- You can return to work/school after 48 hours.
- You must avoid contact sports for 6 weeks following the procedure to let the bridge of your nose heal without disruption.
- Any swelling and bruising will slowly settle over the next 6 weeks.
- Forceful nose blowing should be avoided for at least one week to prevent bleeding.
- If you have any fresh/profuse bleeding from your nose, attend immediately to the Accident and Emergency department.
- If you are not satisfied with the outcome of the surgery after this time, please contact your GP. If your GP feels it appropriate, we will review the situation in the ENT outpatient Department. If appropriate, you **may** then be offered a relatively more significant surgery such as rhinoplasty or Septorhinoplasty to improve the appearance and function of your nose.