

If you have any worries at all about your surgery please phone the ward where you had your procedure carried out:

St Helens	Sanderson Suite 01744 646 098
Whiston	Ward 4B on 0151 430 1637
Southport	01704 705 227
Ormskirk	01695 656 885

Please do not return to the ward before seeking advice from a member of nursing staff.

In the event of a medical emergency please attend your nearest A + E, for other medical advice you can contact NHS 111

Other useful organisations: [www.ENTUK.org](http://www.ENTUK.org)

Whiston Hospital  
Warrington Road,  
Prescot, Merseyside, L35 5DR  
Telephone: 0151 426 1600

St Helens Hospital  
Marshall's Cross Road,  
St Helens, Merseyside, WA9 3DA  
Telephone: 01744 26633

Southport Hospital  
Town Lane, Kew,  
Southport, Merseyside,  
PR8 6PN  
Telephone: 01704 547 471

Ormskirk Hospital  
Dicconson Way, Wigan Road,  
Ormskirk, Lancashire, L39 2AZ  
Telephone: 01695 577 111

[www.MerseyWestLancs.nhs.uk](http://www.MerseyWestLancs.nhs.uk)



**Mersey and West Lancashire  
Teaching Hospitals**  
NHS Trust

# Microlaryngoscopy

## Discharge Information

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

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### What is a Microlaryngoscopy?

Microlaryngoscopy is an examination done under a general anaesthetic to examine your voice box (larynx). The surgeon will use a microscope to examine your voice box in detail and will also be able to take clinical photographs, when necessary, of any findings.

### Why do I need a Microlaryngoscopy?

There are two main reasons for needing this surgery:

1. Diagnostic: you may have symptoms or findings during clinic that require further examination and biopsies are taken of any abnormal areas. Sometimes further examination is required with a Panendoscopy during the same procedure (examination of the upper digestive tract and airway)
2. Therapeutic: you may already have a diagnosis and you require surgery for the removal of an abnormal area. There are different methods for removing lesions or lumps from the voice box including; cold steel, Microdebrider and laser

Your surgeon will be able to explain which method they plan on using. This will depend on your diagnosis.

### How is the operation performed?

The operation is performed under a general anaesthetic through the mouth. There are no cuts or stitches on the outside. The operation takes approximately 30 minutes

- It is normal to have a sore throat after the surgery and this will settle after a few days on its own. Simple analgesia such as paracetamol will help. Dissolvable ones if preferred. Always read the label.
- Some patients feel their neck is slightly stiff after the operation. Painkillers, gentle neck exercises, or a neck massage may help.
- If biopsies have been taken from the vocal cords your surgeon may recommend that you rest your voice for 24-48 hours. You can eat and drink normally following the surgery.
- If biopsies have been taken you may notice some blood in your saliva after your surgery but this should settle within a day.
- Your voice may be more hoarse following the surgery, especially if biopsies have been taken.
- Please drink plenty of water to hydrate your throat and speak in a quiet voice.
- You may be required to take a few days off work to rest your voice, depending on your job.
- Your surgeon will usually be able to tell you what was found, and what they did to help you, on the same day as your operation. If any biopsies were taken, these normally take at least a few days to process. Your surgeon will arrange to see you again for your results or may write to you and your GP with your biopsy results.