

Always wash the child's face after using a face mask when using inhaled steroids, or get the child to rinse their mouth and spit out afterwards. You can also encourage them to clean their teeth to aid good oral hygiene and prevent oral candida (thrush).

Guide to asthma inhalers and spacers

Patient information leaflet

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If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کنند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتيسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

A positive attitude is encouraged at all times when using inhalers and spacers with children. Initiating play tactics whenever possible will encourage the child to tolerate the mask on their face gently. Hold the mask in place for a slow count to ten after each actuation (puff) of the inhaler. Parents and nursing staff can sing a nursery rhyme instead of counting if they wish, or get the child to watch a favourite video or look through a picture book. Distraction and praise is the key to success.

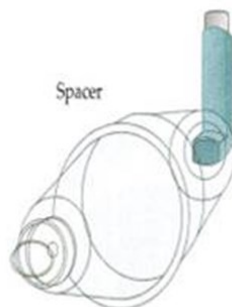
Volumatic and mask for age 0 to 4 or 5 years

- Suitable for delivering inhaled medication via Metered Dose Inhalers (MDI) such as: Beclomethasone/Clenil, Salbutamol, Flixotide, Serevent & Seretide.
- The device will also accommodate an Atrovent metered dose inhaler.



Volumatic and MDI for age 5 and above.

- Encourage the child to take six slow deep breaths (tidal breathing) after each puff of the inhaler.
- Always put single puffs of the inhaler into the spacer e.g. one puff at a time.
- Shake the inhaler after each actuation.



AeroTrach

The AeroTrach is suitable to deliver any make of medication using a metered dose inhaler.



- For delivering medication via a tracheostomy only.
- Ordered by Paediatric Respiratory Nurse Specialist (PRNS) for individual patients.

Aerochamber

- Suitable for any make of inhaled medication using an MDI. For children with compliance problems.

It is made in three sizes

- Infant 0-2 years – Orange with mask.
- Child 2-5 years – Yellow with mask.
- Older child > 5 years – Blue with mouthpiece.
- Older complex needs child – Blue with mask.



If in doubt which inhaler or spacer to use ask the Paediatric Respiratory Nurse Specialist (PRNS) or one of the many respiratory link nurses on the wards.

More information is available in the asthma resource file on all the wards, in the emergency department.