

Having an X-ray

Patient information leaflet

**If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.**

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Introduction

Introduction

This information aims to answer your questions about having an X-Ray. It explains the benefits, risks and alternatives, as well as what you can expect when you come to the hospital. If you have any further questions, please speak to your referrer or the Radiographer performing your scan.

What is an X-Ray?

X-Rays are similar to light, except that they have a much higher frequency which makes them invisible to the naked eye. An X-Ray is a widely used diagnostic test, to examine the inside of the body by creating an image much like a photograph.



How can I prepare for an X-Ray?

If you were given a form from the doctor who referred you for an X-Ray, such as your GP, please bring this with you.

Clothes

There are various items of clothing that can affect the quality of the X-Ray and you may be asked to remove them and wear a hospital gown. If you do not wish to change into a hospital gown then please do not wear clothing with zips, metal, buttons, embellishments that are made out of thick material. You may also be asked to remove jewellery, dentures, glasses and any metal objects or clothing that might interfere with the X-Ray images. The items that need to be removed will depend on the type of examination that you are having.

What are the risks?

X-Rays are of a type of radiation known as ionising radiation. The dose that you get from a medical X-Ray is very low and the associated risks are minimal. They are similar in strength to other sources of natural radiation that people are exposed to everyday without ever realising it. The Radiographer is responsible for making sure that your dose is kept as low as possible and that the benefits of having the X-ray outweigh any risk.

Each X-Ray request will be checked by the Radiographer to make sure it is properly justified and necessary. An X-Ray is very quick and no appointment is needed. It is often the first point of investigation to help the doctor decide if any other forms of imaging or tests are needed.

For further information visit:

<https://www.ukhsa-protectionservices.org.uk/radiationandyou/>



On the day of your X-ray

What happens during an X-Ray?

Your X-Ray will be performed by a Radiographer or an Assistant Practitioner. A student Radiographer may take the X-Ray under constant supervision from a qualified Radiographer. You may be asked to change into a hospital gown. There are many different X-Ray examinations and depending on your particular examination you may be asked to remove certain items of clothing and jewellery. The Radiographer will ask you to confirm some details, including your identity. You will then be asked to move into different positions in order to take the X-Ray.

Some X-Ray examinations require the use of different equipment in different rooms. This may appear that people are going in ahead of you but do not worry all patients are imaged in order of appointment time or priority. If you are waiting over 30 minutes, please check with the receptionist that you have been booked in correctly.

Giving my consent (permission)

The radiographer will ask you if you are happy for the X-Ray to go ahead. This is a form of verbal consent and may only involve the radiographer checking you are booked for the correct X-Ray. If you do not wish to have the X-Ray or are undecided, please ask the radiographer so that they can answer any questions you may have. Remember, it is your decision. You can change your mind at any time and your wishes will be respected. However, not having the X-Ray may delay your diagnosis as the doctors may not have all the needed information.

Pregnancy

If you are, or think you could be pregnant, please contact us prior to your appointment on the phone number in your appointment letter.

Will I feel any pain?

You cannot feel X-Rays and so the procedure itself is painless. However, it is important for the radiographer to get you into the correct position. Holding this position or lying on the X-Ray table may, for some people, feel uncomfortable, but for the majority of patients this is not the case.

What happens after an X-Ray?

The radiographer may ask you to wait in the department while they check that no more X-Ray pictures are required. As soon as the radiographer is satisfied that no more X-Rays are needed, you will be free to leave the department.

Finally

The pictures taken during the examination are studied carefully and a detailed report is produced. The results will be sent to the person who referred you for the test. They will discuss the results with you and any treatment you may need.

You may already have an appointment with the team who referred you. If not, please contact them to arrange one to discuss the results of this test.

If you have any further questions, please do not hesitate to call the Radiology Department via the number given on your appointment letter.

What should I do if I have a problem?

You should not have any problem that is a result of the X-ray. If you feel your condition has changed, or you need further medical advice before receiving your results, please make an appointment with the doctor that referred you, or in an emergency, go to your local accident and emergency (A&E) department.

Opening times

Whiston Hospital – Outpatients X-Ray Department – Level One – Yellow Zone
Monday to Friday - 9.00am to 4.30pm

St Helens Hospital – Radiology Department – Ground Floor – Orange Zone
Monday to Friday - 09.00am to 7.30pm

Millennium Centre, St Helens
Monday to Friday - 09.00am to 6.30pm -
Saturday and Sunday - 09.00am to 4.30pm

Newton Community Hospital
Monday to Friday - 9.00am to 4.30pm

Widnes Walk-in Centre
Monday to Sunday - 08.00am to 7.30pm

Southport and Ormskirk hospitals including GP referrals/dental—appointment only please contact the department on the phone number in your appointment letter.

Monday to Friday from 09.00am to 4.30pm

Ormskirk only

Chest X-Rays (no appointment needed)
Monday to Friday from 09.00am to 4.30pm

As this is a teaching hospital there may be students and observers present during your examination as part of their ongoing training. Please let the staff know if you do not wish any students to be present during your attendance.

Whiston Hospital
Warrington Road,
Prescot,
Merseyside,
L35 5DR
Telephone:
0151 426 1600

St Helens Hospital
Marshall Cross Road,
St Helens,
Merseyside,
WA9 3DA
Telephone:
01744 26633

Southport Hospital
Town Lane,
Kew,
Southport,
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Ormskirk Hospital
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