

Having a video Fluoroscopy

Patient information leaflet

**If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.**

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Introduction

This leaflet aims to answer your questions about having a video Fluoroscopy. It explains the benefits, risks and alternatives, as well as what you can expect when you come to hospital. If you have any further questions, please speak to a doctor or nurse caring for you.

What is a Video Fluoroscopy?

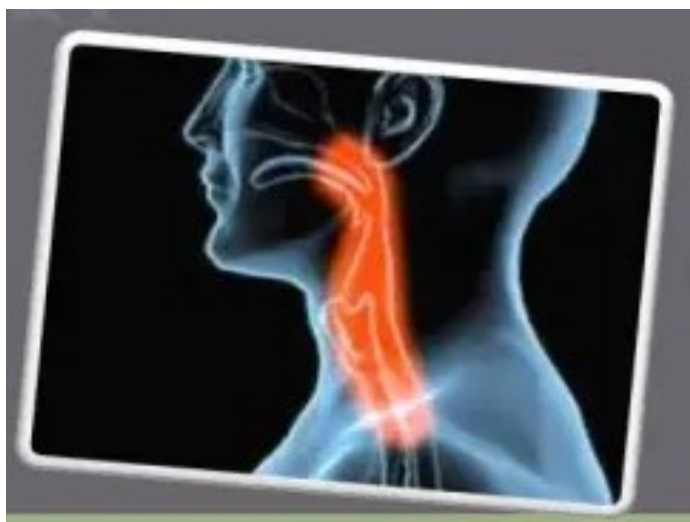
A Video fluoroscopy is a moving X-Ray image of swallowing that allows an individual's swallow to be viewed in real time, slow motion or frame by frame. It is an essential diagnostic tool for the assessment and management of people with swallowing difficulties.

Your Video fluoroscopy examination

Your doctor or speech & language therapist has referred you for a video Fluoroscopy. This will give you an indication of the way in which you swallow.

You may have some of the following symptoms:

- Coughing on liquids and/or foods.
- Frequent chest infections.
- Discomfort in your throat while eating/drinking.
- Inability to eat certain foods such as meat or crumbly dry food.



What to expect

What does it involve?

The video Fluoroscopy team comprises of:

- Advanced Practitioner radiographers and specialist speech and language therapists.
- You will be introduced to the team members who will guide you through the test.
- You will sit down throughout your examination.
- Wheelchairs are easily accommodated.
- The X-Ray department will provide you with a plastic apron to protect your clothes from spillage.
- You will be given a range of consistencies to drink and eat mixed with a special liquid which shows up on X-Ray.
- We will modify what we give you according to your problem.
- The team will explain what is happening –please do ask questions.
- The therapist may ask you to try various techniques to see if they help with your swallow such as changing the position of your head.

What will it show?

- How well you manage to swallow food and drink.
- How you are managing food in your mouth, such as whether you can chew effectively and how your tongue moves food and drink around the mouth.
- It enables a detailed examination of swallowing a range of food and fluid consistencies.
- If anything gets stuck in your throat and if so where and what can be done to help you.
- If any food and drink goes down the wrong way.
- The safest way you can manage your eating and drinking.
- Ways in which we can help improve your swallowing.

Do I have to do anything special?

No, there is no need to make any special preparation. You can eat and drink normally before your examination. It is important for you to take your medication as usual

What to expect

What are the risks and benefits?

There is exposure to radiation during this procedure. However, the use of radiological investigations is an accepted part of medical practice, justified in terms of clear clinical benefits to the patient, i.e. assisting a diagnosis, which should far outweigh the small radiation risks. Please ask if you have any concerns.

Can I still have this examination if I wear a pacemaker?

Yes, there is no problem with this.

Pregnancy

If you are, or think you could be pregnant, please contact us prior to your appointment on the phone number in your appointment letter.



Finally

The pictures taken during the examination are studied carefully and a detailed report is produced. The results will be sent to the person who referred you for the test. They will discuss the results with you and any treatment you may need.

You may already have an appointment with the team who referred you. If not, please contact them to arrange one to discuss the results of this test.

If you have any further questions, please do not hesitate to call the Radiology department via the number given on your appointment letter.

As this is a teaching hospital there may be students and observers present during your examination as part of their ongoing training. Please let the staff know if you do not wish any students to be present during your attendance.

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