#### How to contact us:

If you are currently attending Southport or Ormskirk Hospital, ask your doctor or nurse to contact us.

If you are at home, you can reach us on the following contact number: (01704) 704 696

Our normal working hours are Monday to Friday, 8.30am until 4.30pm with the exception of bank holidays.

Outside of these hours please leave us a message on our voicemail facility, which will be reviewed the next working day.

Southport Hospital Town Lane Southport, PR8 6PN Telephone: 01704 547 471

Ormskirk Hospital Wigan Road, Ormskirk, L39 2AZ Telephone: 01695 577 111



# What is the Multi-Disciplinary Team?

# Patient leaflet

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترسپذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式,请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أُخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Author: Upper Gastro-Intestinal (UGI) Team

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## The Multi Disciplinary Team (MDT)

Every patient who has a diagnosis of cancer, has to be discussed at a MDT meeting. An MDT is made up of medical and non-medical professionals, who are responsible for your care. It includes doctors (surgeons, pathologists, radiologists, oncologists to name a few), specialist nurses and allied health professionals, such as dieticians and physiotherapists.

The MDT will meet as a collective group, to decide what treatment is best to recommend for your cancer. This ensures that the most appropriate treatment is planned for you. The MDT meeting takes place once a week. All your investigation results will be reviewed and discussed along with your general health. The results of any decisions made at the MDT will be carefully recorded in your file and discussed with you.

The following is a list of the MDT core members, who work together in preparing your treatment plan:

**Consultant Gastroenterologist** - specialises in the non-surgical treatment of cancer of the stomach and oesophagus

**Consultant Surgeon -** removes or controls cancer by surgery

**Consultant Radiologist** - views images from machines such as x-ray, computerised tomography (CT), to determine the extent of the cancer location and extent of cancer in the body

**Consultant Histopathologists -** are doctors trained to look in detail at tissue samples to determine a diagnosis.

**Consultant Oncologists** - are skilled in non-surgical forms of cancer treatment, including radiotherapy and chemotherapy.

**Palliative care specialists** - are doctors or nurses who specialise in alleviating symptoms not curing, as well as provide support and information to patients and their families.

**Nurse specialists** - provide support and information to patients and their families throughout investigations, diagnosis and treatment. They help patients make informed decisions about their treatment and guide them through the different services.

**Dietitians** - are trained to provide advice on nutrition during illness and using diet to manage symptoms.

**MDT Co-ordinator** - Co-ordinates the MDT meeting and provides administrative support.

**Key workers -** are responsible for co-ordinating your care and promoting continuity, ensuring you know whom to contact for advice and information.

### Person telephone number

Gastroenterologist
Surgeon
Palliative care
Oncologist
Nurse specialist (01704) 704 696
Dietician

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