

## Special instructions

Please do not drive for the next 24 hours after receiving this treatment.

Contact the waiting list office if you are taking anti platelet or anti coagulation medication

## Contact information if you are worried about your condition

Your own GP

## Other useful contacts

NHS 111

Stop Smoking Helpline (Sefton) - 0300 100 1000

Stop Smoking Helpline (West Lancashire) - 0800 328 6297

Southport & Formby Hospital  
Town Lane, Kew,  
Southport,  
Merseyside,  
PR8 6PN  
Telephone:  
01704 547 471

Ormskirk Hospital  
Dicconson Way,  
Wigan Road,  
Ormskirk,  
Lancashire,  
L39 2AZ  
Telephone:  
01695 577 111

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**Mersey and West Lancashire  
Teaching Hospitals**  
NHS Trust

# Botox injections for pain management

## Patient information

If you need this leaflet in a different language or accessible format  
please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،  
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,  
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,  
vă rog să discutați cu un membru al personalului să se ocupe  
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق  
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

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The aim of this leaflet is to provide an understanding of Botox treatments.

## Notes

### What is Botox?

Botulinum toxin (Type A) is a chemical produced by the bacterium clostridium botulinum. There are seven different types of botulinum toxin, each has its own unique properties. Type A is used for cosmetic and therapeutic treatments.

### How does Botox work?

Botox prevents messages from affected areas reaching the nerve endings which transmit painful messages.

These injections treat the symptoms. It is not a cure.

Responses to treatment can vary with each individual, from a relaxation of the muscles to an inability to move the muscles treated. Any effect is temporary.

The consent form that you will sign prior to the treatment, explains any risks attached to this procedure. You will have time to discuss the risks with the consultant in the outpatient clinic prior to attending for treatment.

### Intended benefits of treatment

To reduce muscular pain.

To reduce headaches caused by muscle spasm.

## Notes

### What you should do prior to attending for treatment

You should have breakfast and take any medication you would normally take prior to attending the hospital.

You may be advised, when attending the outpatient clinic prior to your procedural appointment that you cannot drive after treatment. You should check with the clinic staff, as this is dependent on the area to be injected.

### What happens during treatment?

You will be collected from the waiting room by one of the clinic nurses and taken to a changing room, to put a hospital gown on.

Next you will be taken to a treatment room and asked to sign a consent form.

The procedure takes about 15 minutes. You may experience some brief discomfort during the procedure.

The effects will normally last between two and six months, but you may experience benefits for longer than this.

After treatment you will be offered a hot drink and then allowed home, usually within 30 minutes.

### **Please read your appointment card carefully**

The hospital site that you will receive your treatment in may be different to where the initial consultation took place.

This leaflet is intended to support discussion during your clinical consultation. If there is anything you do not understand or are unsure about, please ask the doctor at your appointment or contact the people listed below.

Southport  
Chronic pain management  
(Monday to Wednesday, 8am to 4pm)  
Tel: 01704 704201

Ormskirk  
Chronic pain management  
(Wednesday to Friday, 9am to 5pm)  
Tel: 01695 656421

If the secretary is away from the phone when you call, please leave a message on the answer machine giving a contact number and someone will get back in touch with you.

During your contact with us, it is important that you are happy with your care and treatment.

Please speak to a member of staff and/or the ward/department sister/charge nurse if you have any questions or concerns.