

# Day case dental patients what to expect

## Patient information

**If you need this leaflet in a different language or accessible format  
please speak to a member of staff who can arrange it for you.**

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،  
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,  
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,  
vă rog să discutați cu un membru al personalului să se ocupe  
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق  
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

## When you arrive on the ward

You will be asked to arrive at hospital for 7.30am and you will be given an allocated bed space on the ward. Usually there are 3 dental patients, sometimes 4.

You should expect to be at hospital until late morning, maybe lunchtime. A nurse will come with a Health Play Specialist to introduce themselves, and complete pre-operative paperwork.

The nurse will provide an identity bracelet for each wrist and a blue 'nil by mouth' bracelet. They will also check your weight. All female patients over the age of 12 years will be required to provide a urine sample for routine pregnancy testing.

The dentist and the anaesthetist will come to see you whilst you are on the ward. It may be decided that you need a pre-medication. This is a small amount of medication that helps you to relax ready for your anaesthetic. This will be prepared by your nurse, and Theatre will send a trolley down for you to lie on whilst you take it. This is because it will make you feel very relaxed and you may even fall asleep.

## When it is time to go to the theatre

If you **haven't** had pre-medication, you will walk up with the Health Play Specialist and your parent/guardian.

If you **have** had pre-medication, a member of the Theatre team will come and collect you, along with a member of the Nursing Team, your parent/guardian and the Health Play Specialist.

You will arrive at Theatre Reception and a member of the team will ask some of the same questions and 'check you in'. One parent and the Health Play Specialist will put some 'fancy dress' on as they will be coming into Theatre with you.

When you go into Theatre, the dentist will complete some final checks, and it will then be time to have a rest. The anaesthetist may use a mask with 'smelly gasses'.

You will have a job to do with the Health Play Specialist. This provides you with a distraction whilst you nod off. Usually, it is a Where's Wally game or similar.



## Whilst you are in theatre

Your parent/carer will wait outside recovery and when it is time for you to wake up, they will be called in to be with you. You will return to the ward, back to your allocated bedspace.

The dental nurse will provide you with a drink of water when you are feeling ready, and go through some aftercare before you are able to go home.



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