

Skin lesions

Oral Maxillofacial Unit

Patient information

If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.
إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق

Whiston Hospital
Warrington Road,
Prescot,
Merseyside,
L35 5DR
Telephone:
0151 426 1600

St Helens Hospital
Marshalls Cross Road,
St Helens,
Merseyside,
WA9 3DA
Telephone:
01744 26633

Southport Hospital
Town Lane,
Kew,
Southport,
Merseyside,
PR8 6PN
Telephone:
01704 547 471

Ormskirk Hospital
Dicconson Way,
Wigan Road,
Ormskirk,
Lancashire,
L39 2AZ
Telephone:
01695 577 111

Post-operative instructions following removal of a skin lesion

Notes

Pain

- You should not have pain immediately after your surgical procedure due to the local anaesthetic used. This should last for 3 - 4 hours, before sensation returns slowly. Care should be taken to avoid rubbing or scratching the area.
- Simple painkillers e.g. paracetamol, should be enough to control any pain.
- If there is a sudden increase in pain after a few days, please contact the department for advice.

Swelling

- This is common after surgery has been carried out.
- Swelling reaches its maximum approximately 48 hours after surgery.
- Any swelling should go down 7 - 10 days after surgery.
- Bruising of the face may occasionally occur and can take up to 2 weeks to go.

Notes

Bleeding

- If any, this should be minimal by the time you leave the department.
- If persistent bleeding occurs, roll up a piece of clean gauze (which will be given to you), place it over the wound and press firmly for at least 15 minutes.

Infection

- If your wound becomes hot, swollen and very painful or oozes pus, it may be infected and you may require antibiotics. Please telephone the department for advice.

Wound care

- If you have a dressing, remove it after 2 days. Continue to keep the wound dry until stitches have been removed.

Stitches

- If you have stitches (sutures), you will be advised if they are dissolvable or need to be removed.

Medication

- Antibiotics are not required routinely. If prescribed, advice will be given in the department.

Scarring

- Scars are most pronounced in the first weeks following surgery, after which it will fade but not disappear.

Follow-up

- If a follow-up appointment is needed, you will receive an appointment through the post and the results of your pathology test will be discussed with you.

Exercise and alcohol

- They are not advised following a surgical procedure until the wound has healed.

Emergency contact

If you need any further advice, have any problems or feel unwell after your procedure including:

- Difficulty breathing or swallowing.
- Fever or high temperature.
- Excessive bleeding.
- Severe pain not relieved with pain killers

Please do not hesitate to contact our department on 01744 646 730 between 9.00am and 5.00pm, Monday to Thursday or 9.00am to 4.00pm on Friday.

Contact Aintree Hospital at all other times on 0151 525 5980 and ask for the 1st on call maxillofacial doctor.