

There may be students and observers present during your consultation as part of their ongoing training. Please let the staff know if you do not wish any students to be present during your attendance.

Please ask a member of staff if you would like a chaperone present during your procedure.

Southport Hospital
Town Lane,
Kew,
Southport,
Merseyside,
PR8 6PN
Telephone:
01704 547 471

Ormskirk Hospital
Dicconson Way,
Wigan Road,
Ormskirk,
Lancashire,
L39 2AZ
Telephone:
01695 577 111

Useful information about your child's non-fasting hormone test

Short Synacthen test, Luteinizing Hormone Releasing Hormone (LHRH) stimulation test

If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Why is it done?

If we want to know about some hormones, particularly the ones that control growth, puberty and development then a single blood test may not be accurate. It is more useful to take several samples of blood, after giving a substance that should make the hormone level rise.

The test measures the amount of hormones produced that start puberty. It is used to look at whether the pituitary gland is working and investigate pubertal disorders, such as early or late puberty.

This investigation is only done in hospital, when really needed and under close observation.

Where is it done?

Please report to the children's ward at 8am on the morning of your child's appointment.

Does my child need any preparation?

Usually your child will need to have been eating normally up to the day of the test. Your child does not need to fast. Local anaesthetic cream may be put on your child's arm, so the blood test should not hurt.

Notes

Notes

What happens?

A small plastic tube is put into your child's arm using a fine needle. The needle is then removed. The plastic tube stays in their arm until all the blood tests are complete, several blood samples will be taken over a period of 2 - 3 hours.

Sometimes more than one hormone is tested at a time, in which case the test may take a little longer.

Depending on the hormones to be studied, your child may be given something by mouth or through the tube, to make the hormone level rise. Your child will have their pulse and blood pressure recorded during the tests. Once the blood samples are completed, the plastic tube is removed and your child can go home after having something to eat.

What should I do if I have any problems?

If you have any worries or concerns, please ring the ward at any time.

Help us to help you, by attending your child's follow-up appointments at the hospital clinics on the date and time shown on your appointment card/letter. If, for any reason, you are unable to attend please let us know.

This patient information leaflet, is intended to be used to support discussions during your clinical consultation. If there is anything you do not understand or are unsure about, please ask the doctor at your appointment or contact the people below.

Children's unit

01695 656 912 / 01695 656 612

Matron

A matron is also available during the hours of 9am to 5pm, Monday to Friday. During these periods, ward/department staff can contact the matron to arrange to meet with you. Out of hours, a senior nurse can be contacted via the ward or department to deal with any concerns you may have.

Special instructions

If your child has been unwell during the day before the test, please contact the children's ward on:
01695 656 912.

Contact information if you are worried about your condition

Your own GP

Other useful telephone numbers/contacts

NHS 111

Stop Smoking Helpline
(Sefton)
0300 100 1000

Stop Smoking Helpline
(West Lancashire)
0800 328 6297

For appointments

Telephone
01695 656 680

Email:
soh-tr.appointments@merseywestlancs.nhs.uk