

This patient information leaflet is intended to be used to support discussions during your clinical consultation. If there is anything you do not understand or are unsure about, please ask the doctor at your appointment or contact the people below.

Contact information if you are worried about your condition

Your own GP
Walk-in Centre
Gynaecology Assessment Bay (open 24 hours) - 01695 656901
Gynaecology Secretary - 01635 656123 (Monday to Friday, 9am - 5pm)

For appointments: 01695 656279 (Monday - Friday, 9am - 5pm)

Email soh-tr.appointments@merseywestlancs.nhs.uk

During your contact with us, it is important that you are happy with your care and treatment. Please speak to a member of staff and/or the ward/department sister/charge nurse if you have any questions or concerns.

Southport Hospital
Town Lane, Kew,
Southport,
Merseyside,
PR8 6PN
Telephone:
01704 547 471

Ormskirk Hospital
Dicconson Way,
Wigan Road,
Ormskirk,
Lancashire,
L39 2AZ
Telephone:
01695 577 111

Cervical Polyp

Patient information

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

This leaflet aims to answer your questions about having a cervical polyp removed.

What is a cervical polyp?

A polyp is a growth of tissue from either the outside of the cervix (neck of womb), or inside the cervical canal (the passage between the vagina and the womb). Polyps are usually benign (not cancerous) and can be removed quite easily. There are often no symptoms and the polyp is often noticed when people with a cervix have a cervical screening test (smear) or an internal examination. However, some polyps do cause bleeding after sexual intercourse, in between periods or after the menopause.

What are the benefits of removing a polyp?

A small percent (less than 1%) may have precancerous or cancerous changes within them. Removal of the polyp should stop any symptoms you may have been experiencing, such as bleeding. A polyp can make it difficult for a practitioner to obtain an adequate cervical screening test (smear). If left, the polyp may continue to grow.

What should I normally expect after the procedure?

You may feel discomfort like period pain for a few hours after the procedure. You should take normal painkillers to ease this pain, but do not take more than the recommended dose. Usually, you will have a brown or red discharge from your vagina for two to four days after we take the piece of tissue. Do not worry if you do not have any discharge or if the discharge continues slightly longer than four days, as everyone's cervix heals differently. Do not use tampons for at least four to five days after the procedure, or until the discharge stops. Instead, use pads or panty liners.

Returning to normal activities

You should be able to return to work and normal activities the same day you have your procedure. We recommend that you do not have sex or go swimming until the discharge stops, to allow the area to heal. We will be writing to your GP to tell them that you have had this procedure and will send you a letter with your results, which will explain if you need any more treatment or tests. If you do not receive this letter within eight weeks of your last visit to the clinic, please contact us.

Are there any risks to this procedure?

- Infection (high temperature, strong smelling discharge).
- Bleeding, but this is rare.
- Discharge for 3 or 4 days.
- Pain, you should take your normal analgesia to ease this.

If you develop an infection, this may happen immediately after the polyp has been removed or any time within the next 14 days. If you have any of the above symptoms, it is very important that you contact your GP or the colposcopy clinic for advice, as you may need another examination or antibiotics.

There may be students and observers present during your consultation as part of their ongoing training. Please let the staff know if you do not wish any students to be present during your attendance.

Please ask a member of staff if you would like a chaperone present during your procedure.