

Your hospital accommodation

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If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

As a patient you deserve privacy and to be treated with dignity

The NHS is committed to making sure that all patients receive high quality care that is safe, effective and focused on their needs. The NHS Constitution states that all patients have a right to privacy and to be treated with dignity and respect. We believe that providing same sex accommodation is an effective way of helping to achieve this goal and giving all patients the best possible experience while they are in hospital.

What is same sex accommodation?

For a hospital to say that it has same sex accommodation it must provide sleeping areas, toilet and washing facilities that are for men or for women only. This will mean, within our hospital you could be in a single room or in a mixed ward, where men and women are in separate bays. All of the bays will have either male or female occupants but will not have both which means you will be cared for in a single sex bay.

Wards and bays—what difference does it make?

- A ward is where a team with appropriate specialist skills treat a group of patients.
- Within a mixed ward, same sex accommodation is provided by single rooms or same sex bay and toilet facilities.
- A bay is a sleeping area with multiple beds that is fully enclosed by solid walls on three sides. The fourth side may be glazed or only partially enclosed to help staff to observe patients clinically.

Exceptions

You may be cared for in a mixed sex area within the emergency department or critical care environment. We will maintain your privacy and dignity in these areas and move you as soon as it is safe to do so.

Clothes whilst in hospital

Whilst in hospital you may wish to wear your usual day clothes, and this is perfectly acceptable. The Trust supports the #EndPJparalysis campaign which encourages patients to get out of bed if safe to do so and wear their own clothes in hospital. This has a positive impact on both emotional and physical wellbeing.

If however, you choose to wear nightclothes, we will not take you through another area unless you are well covered and you feel comfortable and dignified. However, if you decide to walk through the hospital corridors wearing your nightwear, this is your choice.

Toilet and bathroom facilities

Signs on bathrooms, showers and toilets will clearly state whether the room should be used by male or female patients.

Doors to bays and side rooms

Doors have several functions:

- To help reduce cross infection
- Provide a quiet area for sleeping and resting
- To provide privacy
- We would encourage our patients to ask for the door to be closed if they would like more privacy and it is safe to do so.

Provision of accommodation for transgender patients

Transgender patients will be offered accommodation according to their gender presentation when safe and effective to do so. Accommodation decisions will be discussed with the patient ensuring that the principles of privacy, dignity and safety are always considered.