

Following your flexible cystoscopy

Aftercare advice

If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

What will happen after my test?

During the flexible cystoscopy, we may take some biopsies, these will be sent to the laboratory to be analysed by a pathologist. The results will either be sent to your GP, or you will have an appointment in the outpatients department, to discuss the results with a member of the urology team.

As you have been advised, the flexible cystoscopy procedure that has been completed carries a small risk of infection.

To prevent this:

- Following the flexible cystoscopy it is very important that you drink well for at least two days. This is to make sure that the urinary system is well flushed and discourages an infection.
- Watch out for signs of an infection for the next few days, for example a fever or pain when passing urine.

Light bleeding after this procedure is not uncommon, however this should settle within 24 hours. If the bleeding becomes heavier or you notice clots, please contact your GP or attend your nearest walk in centre for advice.

If you are not able to pass urine at all, call your doctor. If you are unable to see a doctor immediately, you may be advised to attend an emergency department.

What if I need further advice and assistance?

- Contact your GP during normal practice hours
- NHS 111 service either online at 111.nhs.uk or telephone 111
- Alternatively visit Southport Hospital Emergency Department in an emergency

Consultants

Mr. R Mistry
Mr. R Khadr
Mr. M Abdulmajed
Mr. N Awsare

Associate specialists

Mr. N Athmanathan
Mr. A Gudimetla

Urology nurse specialists

Mary Macnab
Katie Hughes
Sharon Jamieson
Elaine Fairlamb

Useful telephone numbers

Treatment Centre (Ormskirk Hospital) 01695 656459

Urology Nurses Office 01704 704301

Southport Hospital Switchboard 01704 547471

Ormskirk Hospital Switchboard 01695 577111

Stop Smoking Helpline (Sefton) 0300 100 1000

Stop Smoking Helpline (West Lancashire) 0800 328 6297

There may be students and observers present during your consultation as part of their ongoing training. Please let the staff know if you do not wish any students to be present during your attendance.

Please ask a member of staff if you would like a chaperone present during your procedure.

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